



# CITY OF SEVEN HILLS COMMUNITY NEWSLETTER FALL 2021

## A Message from Mayor Tony Biasiotta -

Dear Residents,

Welcome to the Fall/Winter edition of our quarterly newsletter.

This will be the last newsletter until 2022. Isn't it amazing how time flies? This time of year, we often take pause to give thanks.

We as a community, and me personally as your mayor, have so much to be thankful for. Over the summer we

enjoyed a summer concert series, farmer's market and an extremely well attended Home Days.



None of these would be possible without a very dedicated staff, a long list of loyal resident volunteers and sponsors that help keep the cost of all these events at a minimum.

We have witnessed the soft opening of a 20-acre nature preserve and the start of many park improvements. Most notable this year was the improvements to our ball fields, but this is just the tip of what is to come over the next 3 years.

We have welcomed back our various senior groups to our renovated City Hall Community Room and watched our community/recreation center fully rebound from last year's state mandated closure. In fact, our community center has already surpassed 2020 revenue \$610,824.71 vs 2021 August YTD \$789,410.85.

Several roads have been resurfaced and many projects related to water management and sewers were completed.

I give thanks to all the staff and volunteers that contributed to these projects and more. I give thanks to our residents who have repeatedly had faith in myself and our administration.

## Finance

Our city finances continue to improve. Our General Fund Unexpended (Cash) Balance is \$8.8 million (see the chart below.)

Aug '21	Aug '20	Inc. / (Dec.)	% Change
\$8,810,470.75	\$7,110,379.58	\$1,700,091.17	23.9%

A quick look at how revenue and expenses are shaping up as of August month- end financial statements (adjusted for accounting entries).

	Aug 2021	Aug 2020	Inc. / (Dec.)	% Change
General Fund Revenue	\$9,016,735.44	\$7,691,991.93	\$1,324,743.51	17.2%
General Fund Expenditures	\$7,305,778.60	\$7,125,838.33	\$179,940.27	2.5%

We are projecting a year-end surplus of around \$1.5 million. I will ask council that this year's surplus be transferred into our capital fund for future use on roads, sewers, and potential upgrades to our service garage facility.

## Economic Development

I'm pleased to report the new Erie Bank Regional Headquarters is in on schedule to open this year. Construction on the new Dairy Queen is underway and is set for a Spring of 2022 opening.



Construction has begun on the new Dairy Queen

Late this summer Raising Cane's Corporate purchased all the parcels they required to build on Rockside Rd just East of the new Lombardo extension. **(Continued on page 2.)**

## *A Message from Mayor Tony Biasiotta (Continued from Front Page) –*

We expect plans for construction of Raising Cane's to be submitted to planning in October or November of this year. LSB Seven Hills LLC, the owners of the private property development on Rockside Rd. west of the Lombardo Extension, remain fully committed to developing the property. They recently have taken on a new development partner, Industrial Commercial Properties (ICP) in hopes of spurring activity. Check them out at <https://icpllc.com/>. The city is ready to work with ICP and LSB Seven Hills LLC.

## **Partnerships and Progress**

One of the fields that the city utilizes and is less spoke about is Hillside #2. This field is owned by Parma City Schools. Working as partners with the school district, we significantly improved this asset over the year. The PCSD replaced the fence, and our park crew took over maintenance and field prep. Check out the before and after pictures so you can see for yourself the dramatic difference.



Hillside Field 2 BEFORE



Hillside Field 2 AFTER

Another important partner is Cuyahoga County. Construction on our new Community Gazebo at the corner of Hillside and Broadview Rd. is under way. This amenity was made possible in part by a \$50,000 County supplemental grant.



Construction on new Community Gazebo

I sincerely hope you are pleased with the progress to date. As always, please feel free to reach out. Having your feedback is paramount to creating the community we all desire.

Sincerely,

— ***Mayor Tony Biasiotta***

# CITY DIRECTORY

## Police / Fire Emergency 911

Seven Hills City Hall	216-524-4421
Police NON-Emergency	216-524-3911
Fire NON-Emergency	216-524-3321
Mayor's Office	216-525-6227
Recreation Center	216-524-6262
Senior & Community Services	216-525-6230

Mayor's Court	216-524-4421
Building Department	216-524-4427
Council Clerk	216-525-6235
Finance Department	216-525-6249
Law Department	216-525-6237
Service Department-	216-525-6225
Engineering Department	216-525-6277

## Utilities Contact Information

Water Department:	216.664.3130
Emergency Only:	216.664.3060
Illuminating Company:	800.589.3101
Emergency Only:	888.544.4877
Dominion East Ohio Gas:	800.362.7557
Emergency Only:	877.542.2630

Cox Communications:	216.676.8100
Emergency Only:	216.535.3351
AT&T:	800.572.4545
Waste Management Refuse:	866.797.9018
Northeast Ohio Regional Sewer District:	216.881.8247

## City of Seven Hills Residential Lock-Box Program

This is recommended for Senior Citizens & Disabled Residents.

This is a great resource for a resident who is living alone, with no one close by to help them in an emergency.

\$35 each and installed by Seven Hills Fire Department.  
Contact Tony Terry at 216-525-6230 for more info!

*Sharon LaBuda*

who you work with matters

Call me for a free market analysis of your home.



Top 5% of Realtors Nationwide

sharonlabuda@howardhanna.com

216.906.9047



Proud Sponsor of Seven Hills Baseball Fields!



**SAFETY FORCES-EMERGENCY: 9-1-1**  
**POLICE NON-EMERGENCY: 216.524.3911**  
**FIRE NON-EMERGENCY: 216.524.3321**



## VEHICLE THEFTS

Thefts from unlocked vehicles continue to occur throughout the city. In each one of these cases, the vehicles entered were all unlocked and the thefts were committed overnight. The police department encourages all residents to keep all vehicles that are parked in your driveway locked and remove all valuables (for example, purses, wallets, laptops, GPS units, etc..) each night. Many of these thefts can be prevented by simply removing your valuables and locking your vehicles.



Remember, the people committing these crimes are simply walking through our neighborhoods and going through your vehicles. The police department wants to remind all residents to report any people acting in a suspicious manner immediately by calling our dispatch center at 216-524-3911. If you see anyone committing a criminal act (i.e. going through an unoccupied car in a driveway or on the street) immediately call 911 before taking any other action. Through cooperation and vigilance, we can continue to keep our neighborhoods safe.

## PARKING HOURS

No person, operator or owner shall park or permit a vehicle to remain on the roadway portion of any street or highway in the City between the hours of 3:00 A.M. and 6:00 A.M. C.O. 351.11(a) can be viewed at [www.sevenhillsohio.org](http://www.sevenhillsohio.org).

## DEER HUNTING

Deer Hunting Season begins on September 25<sup>th</sup> and runs through February 6, 2022. Hunting permits can be obtained by going to [www.sevenhillsohio.org](http://www.sevenhillsohio.org) and clicking on 2021 – 2022 Deer Hunting Packet located on the homepage. Hunting packets are also available at City Hall.

## Important information from Fire Chief Meklamburg:

You have probably heard the term “Time is Tissue” when it comes to strokes. 87% of strokes are ischemic in nature. An ischemic stroke happens when blood flow through the artery that supplies oxygen-rich blood to the brain becomes blocked. This is often caused by a blood clot. The longer this blockage is allowed to stay in place, the worse neurological outcome can be expected for the patient. Therefore, time is truly tissue.

Starting in November of this year we will be partnering with the Cleveland Clinic’s Mobile Stroke Team to deliver the fastest, most state-of-the-art emergency treatment for someone that is suffering from stroke like symptoms.



### How It Works:

The MSTU, which is integrated into the municipal 911 dispatch system, boasts a critical care team with extensive experience **working in and with local EMS agencies**. The team includes:

- A critical care nurse
- A CT technologist
- A paramedic
- An emergency medical technician who assists with stroke care and drives the unit

The team uses the unit’s specialized equipment, including:

- A **portable CT scanner** to wirelessly transmit brain images in real time to Cleveland Clinic neurologists and neuroradiologists reviewing the case
- A **two-way videoconferencing consult system** connected 24/7 with Cleveland Clinic stroke neurologists
- **Point-of-care lab equipment** that allows the team to test blood samples
- **The clot-busting drug tPA**, which the team administers intravenously if the stroke physicians determine that the patient is having an ischemic stroke



# SERVICE DEPARTMENT

**SERVICE DEPARTMENT - Jack Johnson – Service Director**  
**PH: 216-525-6225 / [jjohnson@sevenhillsohio.org](mailto:jjohnson@sevenhillsohio.org)**

**Flooding Emergency** – On Weekends and after hours, please call Non-Emergency Dispatch at (216) 524-3911 and they will contact the Service Department to assist in any Flooding Emergency.

**Water Main Breaks** – Should you notice bubbling or streaming water along the roadway or tree lawn, please call the Cleveland Water Department at 216-664-3060 to report the break.

**Street Light Outages** – To report a street light outage, broken fixture or light flickering, please call The Illuminating Company at 1-888-544-4877 or the Service Department at 216-525-6225

**Rubbish Pickup** - Rubbish should be placed on the tree lawn by 7:00AM on the scheduled day of collection and shall not be placed earlier than 4:00PM on the day prior to the scheduled date of collection. Mattresses, box spring and fabric/leather furniture must be wrapped in plastic. Carpet must be bundled in 4' lengths. Call to schedule the bulk pickup with Waste Management 866-797-9018 or Service Department 216-525-6225.

### **Brush and Branch Collection**

Place branches on the tree lawn for the Service Department to chip. No need to bundle or tie. Call the Service Department to schedule at 216-525-6225.

### **Leaf Pickup**

Curbside leaf pickup will start in November and continue through December weather permitting. Ditch lines streets will be done first with subdivisions to follow. Leaf pickup signs will be placed one week in advance. Leaves should be raked no more than 6' from the street or curb. Do not add yard waste such as branches, weeds and grass clippings to your leaves. These items clog the vacuum tubes and cause unnecessary delays in the pickup process. Do not rake leaves into the street, by mailboxes, poles or fire hydrants.

**LEAVES WILL NOT BE PICKED UP IF GRASS CLIPPINGS, STICKS, BRANCHES, ETC. ARE MIXED IN WITH THE LEAVES.**

### **Mailboxes**

Now is the time to make repairs to your mailbox. Make sure the Mailbox is in good condition, securely attached to a substantial support at the proper height and at the proper distance from the roadway. Custom made mailboxes should be shielded or replaced for winter with a standard box.

### **Simple Recycling**

Residents can recycle unwanted clothing, shoes and household items by calling to schedule a pickup at 866-835-5068. You can also contact the Service Department at 216-525-6225 for additional bags and information.

### **Holiday Light Collection**

Burned out strings of lights, power strips and power cords will be collected December 1<sup>st</sup> through January 18<sup>th</sup> 2022. Barrels for collection will be placed behind City Hall by the back entrance. Place items loose in the barrel.

**No plastic bags or boxes.**

# ENGINEERING DEPARTMENT



\*\*\***2020/2021 Sewer Rehabilitation – Bayberry Area** The lowest & best bid was awarded to ***Insight Pipe Contracting, LLC***. The City is utilizing Community Cost Share funds (available from the Northeast Ohio Regional Sewer District) in the amount of \$115,000 to help offset the cost of the project. Work is now completed on this improvement project.

\*\*\***2021 City Road Program** The following 12 streets will be part of the 2021 City Road Program: Elmhurst Drive (East Pleasant Valley to Evelyn), Summitview Drive, East Clearview Avenue, East Decker Drive (W. 9<sup>th</sup> to East Dartmoor), East Hillsdale Avenue (West 9<sup>th</sup> to Northview), Glenella Drive, Jasmine Drive (H.N. 2938 to western terminus), Karen Drive, South Main Hill Drive, Tanglewood Lane, Chestnut Road and Seven Hills Boulevard. Also included in the 2021 Road Program is the City-owned parking lot located at the Northeast corner of the Broadview Road / Hillside Road intersection where a new gazebo will be built this year. Construction is well underway with ***Ronyak Paving, Inc.*** and ***Specialized Construction, Inc.*** being awarded the 2 contracts. Ronyak plans to finish up their work by October 22, 2021 and Specialized by October 17, 2021.

\*\*\* **Cheryl Ann Drive Culvert Improvements** The lowest & best bid was awarded to ***DRS Enterprises, Inc.*** The City plans to utilize Community Cost Share funds from the Northeast Ohio Regional Sewer District of approximately \$175,000 to help offset the cost of the project. Construction has begun and is planned to wrap up by September 29, 2021.

\*\*\* **2021 City Crackseal & Street Striping Programs** The lowest & best bid was awarded to ***Specialized Construction, Inc.*** for the 2021 Crackseal Program. That program has been completed as of September 18, 2021. The lowest & best bid was awarded to ***JD Striping & Services, Inc.*** for the 2021 Pavement Markings Program. Work is planned to begin the week of September 20<sup>th</sup> and will take about 1 week to complete.

\*\*\* **Calvin Park Drainage Improvements (Phase 1)** The lowest & best bid was awarded to ***Marks Construction, Inc.*** A preconstruction meeting is being planned and a schedule will be approved shortly. These improvements will be to the east side of Calvin Park near Drexel and Somerset to help divert drainage into planned improvements that drain to existing drainage ways or stormwater basins. More information to follow.

If you have any questions and/or concerns about any of the above-mentioned projects, feel free to e-mail Mark Schmitzer, P.E., City Engineer at [mschmitzer@rlba.com](mailto:mschmitzer@rlba.com) , David Bradt, P.E., Assistant City Engineer at [dbradt@rlba.com](mailto:dbradt@rlba.com) or, call (216) 525-6258.

## **UPCOMING CUYAHOGA COUNTY SEWER & WATER CONSERVATION DISTRICT EVENTS:**

\*\*\* **Cuyahoga SWCD Annual Meeting and Supervisor Election - October 19, 2021**

\*\*\* **Stormwater Awareness Week - October 17-23, 2021**

\*\*\* **Common Milkweed Pod collection – September – October, 2021**





# ENGINEERING / FINANCE

## AT&T Fiber Upgrades in Seven Hills

AT&T is providing additional upgrades to service in various locations throughout Seven Hills. It is necessary for AT&T to place cable and pedestals in the public right of way or existing utility easements along many roadways within the City. Typical operations to be expected include directional boring of cables along long stretches in the tree lawn areas (or across the paved streets) or utility easement areas (typically 10'-12' wide and parallel with the street extending from the house side of the public sidewalk), but may also involve open excavation. These utility easements were granted to the utility companies when the street was dedicated and accepted many years ago by the City when it was first built. These easements give utility companies the right to install or maintain their respective utilities within these areas. The City can only enforce the aspect of obtaining a permit from the City to ensure that operations follow standards set forth by the City (hours of operation, restoration, resident notifications, etc.), but the utility companies have the right to install upgrades and maintain existing facilities within these areas.

The reason for all of this fiber upgrade work is to provide better service and more options for the residents of Seven Hills in the near future. We understand residents concerns regarding these type of construction projects and that is the reason we are informing the residents of what is occurring. Please continue to be patient while AT&T upgrades their utility facilities to provide a better service for the residents of Seven Hills!

## IMPACT OF INCREASE IN PROPERTY VALUES FOR SEVEN HILLS PROPERTY OWNERS

Cuyahoga County recently completed the 2021 triennial reappraisal and mailed new valuations to property owners beginning September 17, 2021. The purpose of this communication is to inform Seven Hills property owners the impact the reappraisal has on their property taxes.

Based on the County's triennial reappraisal, Seven Hills residential values increased by an average of 19%. However, this 19% increase does not mean your property taxes will increase by an equal amount, thanks to House Bill 920. When property values increase, House Bill 920 kicks in to *lessen* the impact. The purpose of HB 920, which the Ohio legislature enacted in 1976, was to keep inflation from increasing voted taxes. House Bill 920 was designed to protect the property owner from unvoted tax increases.

The majority of Seven Hills' property tax levies are voted levies, meaning they were designed to collect the same amount of revenue each year, regardless of a change in property tax value. So, when your property value increases, the effective tax rate decreases resulting in no tax impact. Only unvoted levies (called inside millage) will cause property taxes to increase as property values increase.

### Property Tax Estimator Tool

The County Fiscal Officer's website includes a Property Tax Estimator tool to estimate the difference between your current level of property taxes, based on your existing property value, and the new 2021 value associated with your property. The tool can be accessed by visiting <https://fiscalofficer.cuyahogacounty.us/en-US/property-tax-calculator.aspx>.

### Community Meetings

Residents can attend community meetings to learn about how the triennial update was conducted. Due to time constraints from COVID, the County is not able to hold informal meetings to look at values as was done previously.

A meeting is scheduled for October 6, 2021, from 7 p.m. to 8:30 p.m. at the Independence Library.

Please check the County Fiscal Officer's website (<https://fiscalofficer.cuyahogacounty.us/en-US/home.aspx>) for a list of other locations and to obtain up-to-date information regarding scheduled community meetings. Any changes or cancellations will be noted on the website.

### Board of Revision (BOR) Property Valuation Complaint Filing Process

The BOR filing period is open January 1, 2022, through March 31, 2022, for a property owner who wants to contest the new market value.

For more information on the BOR complaint filing process, please visit <https://bor.cuyahogacounty.us/>.

The screenshot shows the Cuyahoga County Fiscal Officer website. The main heading is "Property Tax Estimator". Below the heading, there is a search bar and a "Search" button. The page content includes a navigation menu on the left with items like Home, Contact Information, Services, Appraisal, Budget Commission, etc. The main content area contains the "Property Tax Estimator" tool. It includes a dropdown menu for "1 Tax District" and two input fields for "2 2020 Current Market Value" and "3 2021 New Market Value". There are also two questions with radio buttons: "4 Do you qualify for a homestead exemption?" and "5 Do you qualify for a disabled veteran's exemption?". At the bottom of the form is a button labeled "Estimate Taxes".

# HISTORICAL SOCIETY & FARMER'S MARKET

## SEVEN HILLS HISTORICAL SOCIETY

Our purpose is to preserve and promote the unique heritage of the City of Seven Hills. We hope to instill appreciation of past generations as well as provide enjoyment, education and inspiration for current and future generations. This will be accomplished through such activities as research, publications, acquisitions, and conservation of materials, advocacy of historic landmarks and educational opportunities.



**Seven Hills first gas station! This photo from 1924 has been partially digitally restored. Located at Broadview Road and Pleasant Valley Road, it is currently Sunoco!**

For information on the Historical Society, please contact Kathy Patterson, President at (216-548-9758) or send inquiry to Seven Hills City Hall, 7777 Summitview Drive, Seven Hills OH 44131 Attention: Seven Hills Historical Society.

Fall is here and soon winter will be upon us – where has the time gone? Thank you to all the shoppers that have made a point to stop, make a purchase or two, and thereby support the Seven Hills Farmers Market.

Our market enhances our community not only by connecting our residents and neighbors with local farmers and artisans but also by providing a fine outdoor space in which to do so. With a great selection of produce, home-made goods, friendly, knowledgeable vendors, weekly food trucks and monthly live music, our Thursday market was the place to be, and we are grateful that you thought so too!

This past summer, our little market saw approximately 6395 visitors and your purchases helped to support 24 small farm and food businesses. Additionally, the items offered at the market traveled 20 miles, on average, to get to the corner of Broadview and Hillside Roads. Talk about fresh!

We are fortunate that there are many places to obtain produce/products around us and we want to say thank you for choosing to shop at the Seven Hills Farmers Market. The market could not exist without continued community support and the support of our sponsors, Taleris Credit Union, Inc., Vince Hrobat Insurance Agency, Inc., and United Healthcare.

May you stay well and have good health, peace, and joy in the upcoming seasons.

We are all in this together. Happy, Healthy, Homegrown; the Seven Hills Farmers Market, growing community by inspiring healthy, sustainable, abundant living!





## Hello Seven Hills Residents:

As we begin to turn the page on 2021, the Farmer's Almanac is predicting a colder and dryer than normal winter. As our weather conditions change here are some things to remember:

**SENIOR SNOW PLOW PROGRAM:** While this program is not managed by the City, we will provide our residents with a list of contractors to plow your driveway (at a reduced rate) and walkways (at an additional charge). The charge is \$17 per push and \$250 for the season, running from the first snowfall to April. Once you select a contractor, they will mail a contract to you. This program is on a first come-first serve basis. Since this is at a reduced rate, the snow plowing is typically done towards the end of the day when the contractors have fulfilled their other obligations. If you would like more information about this service, please contact our Director of Community Services, Tony Terry at: 216-525-6230.

**SNOW FENCES:** May be temporarily put in place between October 15th thru May 1<sup>st</sup>. Please refer to the city website at [www.sevenhillsohio.org](http://www.sevenhillsohio.org) under Codified Ordinances (Ord. 75-2014).

**SNOW REMOVAL:** When snow blowing and/or plowing your driveway and walkways, please be sure **NOT** to disperse the snow onto the roadway. It creates a hazardous condition for our motorists and pedestrians.

**DOGS/CATS:** Leaving animals outside for long periods of time in extreme temperatures is cruel and inhumane. If you see any dogs/cats outside during extreme temperatures, **PLEASE** call the Independence Animal Control Officer at: 216-524-3940. The City of Seven Hills has partnered with the City of Independence as a shared resource for their Animal Control Officer. You may also reach out to the following:

**Seven Hills Dispatch Center at: 216-524-3911 or  
Northeast Ohio SPCA: 216-351-7387**

As always, please reach out to me with any questions, concerns, comments or complaints. You will not be ignored as I respond to everyone. If you would like a call back, please be sure to leave your name **and** phone number. Thank you, God bless and enjoy the holiday season. Stay safe and healthy.

Stacey L. Kelly  
President of Council  
216-642-3722  
[slk7hills@gmail.com](mailto:slk7hills@gmail.com)



### Ward 1

Philip Kiriazis  
440-547-6832  
[pkiriazis@sevenhillsohio.org](mailto:pkiriazis@sevenhillsohio.org)

### Ward 2

Norman Martin  
216-317-4600  
[nmartin@sevenhillsohio.org](mailto:nmartin@sevenhillsohio.org)

### Ward 3

Thomas J. Snitzky  
216-236-6322  
[tsnitzky@sevenhillsohio.org](mailto:tsnitzky@sevenhillsohio.org)

### Ward 4

President Pro-Tem  
Richard Dell'Aquila  
216-548-2890  
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### Council-At-Large

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216-990-8725  
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Council President  
Stacey L. Kelly  
216-642-3722  
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John Kulju  
216-224-2862  
[jkulju@sevenhillsohio.org](mailto:jkulju@sevenhillsohio.org)

## 2021 Seven Hills City Council Representatives

# HOME DAYS 2021



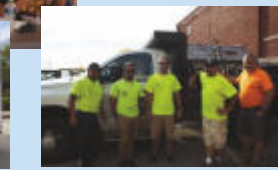
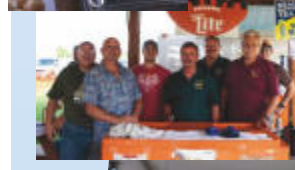
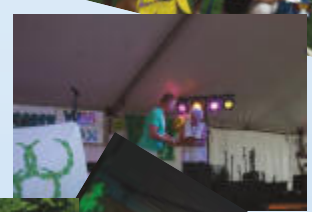
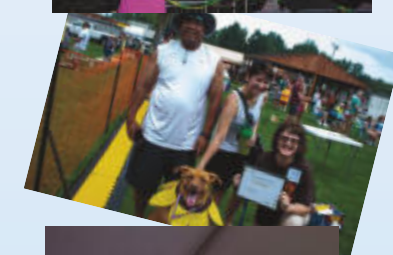
We had so much fun at Home Days this year! It was great to be able to bring back our 3-day event and we have to thank our awesome sponsors for helping make it happen! Thanks to Cox Communications, Waste Management, Legacy Health Services, Meijer, ERIEBANK, All Saints Federal Credit Union, Vitalia Senior Living, Broadview Bird and Animal Hospital, and Sharon LaBuda Howard Hanna agent! Thank you to Councilman Pat Elliott for donating two bikes for our Safety Fair raffle, and Mario's Barbershop for donating the 90 bike helmets we were able to give away for free!



We also have to thank our incredible team of volunteers who helped put together the event from start to end!

Thanks to our Service Department who helped keep the grounds tidy as well as driving the shuttles all weekend!

Thanks to everyone who came out this past weekend, we could not do it without you!





## UPCOMING EVENTS



**TRICK-OR-TREAT**  
**OCTOBER 31, 2021**  
**6PM - 8PM**

The poster features a dark background with a crescent moon and stars at the top. Below the text, there is a white ghost on the left holding a jack-o'-lantern and a skeleton on the right holding a jack-o'-lantern.



**BE SURE TO HAVE YOUR  
HOUSE DECORATED BY  
OCTOBER 27TH  
FOR THE CHANCE OF A  
SPOOKTACULAR RECOGNITION  
FROM MAYOR BIASIOTTA**

The poster features a white background with a dark border at the top containing a crescent moon and stars. There are four cartoon ghosts: one white, one yellow, one orange, and one white.

**VIRTUAL SANTA CALLS – DECEMBER 4TH, 2021!**  
**STAY TUNED FOR MORE INFORMATION!**



**Seven Hills  
Christmas Tree  
Lighting Ceremony**

**December 4th, 2021  
6PM at the  
Community Gazebo at  
Broadview & Hillside**

The poster features a green Christmas tree with yellow stars and red ornaments on the left. The text is in green and brown colors.



**Christmas Parade Route**

- Begins at St. Mark's Church on E. Pleasant Valley Road
- Right on East Pleasant Valley Road
- Right on Edgewood Lane
- Right on Vezber Drive
- Continue straight onto Orchardview Avenue
- Right on Oakwood Avenue
- Left on Walnutwood Drive
- Right on Aspenwood Drive
- Left on Oakwood Drive
- Left on East Pleasant Valley Road
- Right on Broadview Road
- Right on Cherry Lane
- Left on Seven Hills Boulevard
- Left on Twilight Drive
- Right on Starlight Drive
- Left on Seven Hills Boulevard
- Right on Parmalee Drive
- Right on Pasadena Drive
- Left on Karen Drive
- Left on Donna Rae Drive
- Left on Chestnut Road
- Right on Bonroi Drive
- Left on East Ridgewood Drive
- Right on Winchester Drive
- Right on Meadow Drive
- Left on East Dartmoor Avenue
- Left on East Decker Drive

**CONTINUED**

- Left on St. Joseph Drive
- Right on Calvin Drive
- Right on St. Francis Drive
- Right on East Decker Drive
- Left on Northview Drive
- Left on East Dartmoor Avenue
- Right on West 9th Street
- Right on Rockside Road
- Left on Pinnacle Park Drive
- Right on North Skyline Drive
- Right on Long Ridge Drive
- Left on Pinnacle Park Drive
- End at church – 501 Rockside Road

The poster features a red sleigh with yellow runners and a yellow gift box on the left. The text is in green and brown colors.



## THE NOVEMBER 2, 2021 GENERAL ELECTION

The November 2, 2021 General Election is a countywide election with at least one item on the ballot in all municipalities. Voters will elect mayors, city council members, judicial seats, and decide issues. There is one federal election for US Congress in the 11th Congressional District

Voters who wish to Vote-by-Mail must complete and submit a ballot application. To request a Vote-by-Mail ballot application, visit: [www.443vote.us](http://www.443vote.us) or call 216-443-VOTE (8683). Vote-by-Mail ballot applications are also available at all public libraries.

Early In-Person Voting begins on October 5, 2021. Early In-Person voting hours are posted on the Board of Elections website [www.443vote.us](http://www.443vote.us).

On Election Day the polls are open from 6:30 a.m. to 7:30 p.m. To confirm your voting location visit [www.443vote.us](http://www.443vote.us) or call 216-443-VOTE. Voters are reminded to bring identification.

The Board of Elections is hiring Election Day Officials (Poll Workers) for the November 2, 2021 General Election. Apply online or call 216-443-3277.



*Normandy Instrumental Music Boosters*

*Presents*

# Night at the Races

Saturday, November 13<sup>th</sup>, 2021

Pazzo's Grand Ballroom 7874 Broadview Rd., Parma

Doors open at 6:00 p.m., Dinner at 7:00 p.m.

**Raffle Baskets – Side Boards – Horse Races every 15 minutes**

Buffet, Dessert, Beer, & Wash included

B.Y.O.B. & munchies are allowed

**Tickets**

\$30 – per ticket, \$40 at the door

**Purchase a Horse**

\$10 – Buy and Name your Horse

Winning owner of each race wins \$20

**Souvenir Program Ad**

Quarter page \$ 25

Half Page \$ 50

Full Page \$ 100

**Sponsor a Races**

\$100

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Program Ad (please attach) or email to [jitvc15@hotmail.com](mailto:jitvc15@hotmail.com) \_\_\_\_\_ = \$ \_\_\_\_\_

Ticket and Ad deadline - Friday, October, 29<sup>th</sup>, 2021 Total enclosed = \$ \_\_\_\_\_

# COMMUNITY SERVICES

*Dear Friends and Neighbors,*

*The City of Seven Hills takes a special interest in people who find themselves in a situation that makes the holidays difficult to enjoy.*

*We are planning our thirty eighth annual "Adopt-A-Family" and "Yuletide Hunger" Programs along with the cities of Brecksville, Broadview Heights and Independence. This program has been very successful over the years thanks to the many supporters who are sympathetic to the plight of those less fortunate. The program provides assistance during the holidays and winter months by coordinating efforts to make sure children in our respective cities receive gifts for Christmas.*

*Unfortunately, there are more families that need adopted and there is a shortage of adopters. There may be up to 20 families that have signed up for this program who will not have a business or another family to adopt them. Please consider getting involved so that we don't have to turn anyone away this year.*

*The deadline is quickly approaching and we will have to turn these families away if we cannot get more adopters. You can call me at Seven Hills City Hall to participate. You can choose a family that best suits your financial ability to contribute. Thank you in advance for your consideration in the "Adopt-A-Family" Program.*

*In service,*

*Tony Terry*



## "Ring my bell-bell-bell, Ring my bell!"



Last year the residents and volunteers of Brecksville, Broadview Heights and Seven Hills, Ohio helped raise over \$13,142.00 for the Salvation Army during the "Christmas Kettle Campaign"! This year the goal is to beat that number. You can help accomplish this by volunteering to be a part of this year's efforts. Bell Ringers and coordination assistants are needed!

Each City commits to ringing the bell at the Giant Eagle on 77 and Rt. 82 in Broadview Hts. in the month of December.

These funds will, for the most part, keep electricity and natural gas flowing to homes of low income people facing shutoff in our communities.

You can sign up by contacting Tony Terry via email at [tterry@sevenhillsohio.org](mailto:tterry@sevenhillsohio.org) or by phone at 216-525-6230.

The Seven Hills Hall of Fame had the opportunity to acknowledge the Arts and Humanities Hall of Fame Inductees on Sunday, August 9, at the Seven Hills Home Days Community Day.

Not every inductee was able to join in the celebration but they were acknowledged. Thank you to John Niezgoda- George Chandick Scholarship Recipient, Barbara Stanczak, and Ed "Flash" Ferenc for attending. Bravo to our other inductees as well: George Sipl, Stephen "Suede" Baum, and Alexander Pogrebinsky.

We have such talented residents in Seven Hills! Applications for Athletics and the George Chandick Scholarship are available on our Seven Hills Hall of Fame website or by emailing [alaina316@yahoo.com](mailto:alaina316@yahoo.com).

Thank you for your continued support and if you know a resident who goes above and beyond, or has achieved success in their field of endeavor, message us so they can be recognized as a, "Resident of the Month!"





# PARKS UPDATE

Northeast Ohio has become a hotspot for parks and outdoor recreation and Seven Hills is no exception.



North Park—Before the trail  
(Photo Courtesy of Jonathan Benson)

The administration jumped ahead of the game in 2021 by purchasing nearly 20 acres of property to the east of North Park to create an amazing start to our parks upgrade. Working closely with Western Reserve Land Conservancy, we moved quickly to remove invasive species and clear over 3,000 feet of walking path that creates a serene loop around the property. We aren't done yet – come spring, we will be planting over 50 trees to continue our commitment to preserving green space in the community. If you have not had a chance to see the transformation for yourself, be sure to take a stroll on



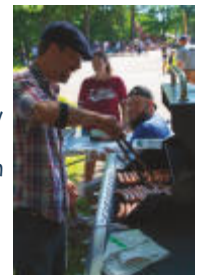
North Park— Completed Trail

the path at new Nature Preserve! Aside from creating the path, we have also moved the outdoor volleyball court to allow for safer playing surface on a properly sized court; thanks to our Service Department workers for their efforts and hard work. Fall plans include renovations to the baseball field, and 2022 looks towards play space updates as well as the addition of a year-round pavilion.

Valleywood Park will soon be known as Meijer Park thanks to a promising partnership with our neighborhood Meijer store. This past spring, we were able to replace antiquated ball field lights with LED energy saving field, playground, and parking lot lights. This was done with the help of a NOPEC grant, saving the city over \$90,000 in purchasing. Aside from energy savings of roughly \$2,500 in electricity, the lights also provide a safer, more efficient lighting source, helping to keep our park more secure. In the near future, we are looking forward to restrooms, dugouts, updated volleyball court and pickleball courts to round out Meijer Park's improvements.



Over the last 3 years, the baseball fields at Calvin Park have undergone significant drainage improvements – thanks to the help of community volunteers and Local 18 Operating Engineers. This project really helped to kick off the investment in our parks and it has only improved from there. A new state of the art scoreboard that services all 3 ball fields, as well as new fencing and field topping dirt make Calvin Ball Fields second to none. Calvin has become the home of our Baseball Federation Kick Off each year – with special guests like Joe Charboneau and the Tribe Hot Dogs! Community support from Sharon LaBuda Howard Hanna makes this event amazing year over year. Look out because we will be making a splash at Calvin Park soon enough. This is going to be the home of a new Splash Pad to make Calvin Park the place to play!



John Glenn and Cricket Park will see updated playground systems and most parks will be outfitted with permanent, ADA compliant restrooms, water fountains, and pet stations.

We are working on an amazing playground system right here on City Hall / Rec Center property, making this campus the place to be whether you prefer indoor recreation or outdoor! Hillside Baseball Field looks amazing thanks to our partnership with Parma City School District, providing new fencing and backstops. Park Supervisor Michael Klubnik and his fields crew, along with the help of the Service Department turned around an overgrown baseball diamond and truly made it shine this season!



Thanks to the forethought of Seven Hills' Mayor, administrators, and residents, the passage of Issue 41 in 2020 has set us up for a strong future in Parks and Recreation. After months of diligent planning and research, we are teaming up with Brandstetter Carroll, Inc. to make a big splash – literally! We are excited for what's to come, as 2022 promises to be a year of changes and progress in our parks. We look forward to continuing to work in the community and we appreciate all of the kind words we hear while out there working.

-Jen Burger, CPRP, CPO  
Director of Recreation

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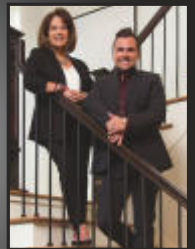
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## COMMUNITY RECREATION CENTER HOURS:

SUNDAYS: 12PM – 6PM • MONDAYS– FRIDAYS: 5:30AM – 9PM •

SATURDAYS: 8AM – 8PM



**United States Military Veteran Membership: Resident: \$100 Non-Resident: \$150**  
(Proof of Honorary Discharge via DD-214 required)

### Seven Hills Resident Membership Info - Annual / Upfront Payment

Youth	\$105	A resident 12 or younger ( <b>must</b> be purchased with Adult Membership).
Teen w Parent	\$160	A resident between 13-17 (must be purchased with an Adult).
Teen w/o Parent	\$210	A resident between the ages of 13 and 17.
Adult	\$210	A resident 18 to 61 years old.
Adult Couple	\$345	2 Adults at the same address in Seven Hills.
Family	\$400	Immediate family household members, up to four people living in Seven Hills (max. 2 adults).
Additional Children	\$40	Additional children may be added for \$40 each per year.
Senior	\$100	Resident 62 or over.
Disabled Resident	\$100	Resident that is "Totally Disabled" determined case by case. Must provide State Disability Info.
Resident College	\$100	Resident full time college student with permanent residence in Seven Hills.

### Parma Resident Membership Info - Annual / Upfront Payment for NEW Parma Members (No previous Membership)

Youth	\$150	Parma resident 12 or younger ( <b>must</b> be purchased with Adult Membership).
Teen w Parent	\$200	A Parma resident between the age of 13 and 17 (must be purchased with an Adult).
Teen w/o Parent	\$275	A Parma resident between the ages of 13 and 17.
Adult	\$275	A Parma resident 18 to 61 years old.
Parma Couple	\$450	2 Adults at the same address in Parma.
Family	\$525	Immediate family household members, up to four people living in Parma (max. 2 adults).
Additional Children	\$50	Additional children may be added for \$50 each per year.
Senior	\$150	Parma Resident 62 or over.
Disabled Resident	\$150	Parma Resident that is "Totally Disabled". Must provide State Disability Info.
Resident College	\$150	Resident full time college student with permanent residence in Parma.

### Non-Resident Membership Info - Annual / Upfront Payment

Individual	\$400	One Person living outside of Seven Hills or Parma
Non Resident Couple	\$605	2 Adults outside of Seven Hills or Parma with same address
Family	\$675	Immediate family household members, up to four people living outside of Seven Hills or Parma (max. 2 adults).
Additional Children	\$105	Additional Children may be added for \$105 each per year.

**The above listed memberships are purchased for one full year - one time upfront payment.**

**All memberships are non-refundable and non-transferrable.**

# SEVEN HILLS INDOOR RENTAL INFORMATION

## RECREATION CENTER GATHERING ROOMS

### POOL PARTIES:

POOL PARTIES INCLUDE USE OF ONE ROOM AND THE POOL FOR UP TO 20 SWIMMERS FOR THE ENTIRE RENTAL. POOL PARTIES CAN BE RENTED IN 2-HOUR INTERVALS ON TUESDAY, THURSDAY, AND FRIDAY EVENINGS; SATURDAY AND SUNDAY AFTERNOONS.

MEMBERS: \$130 NON-MEMBERS: \$190

### GATHERING ROOM RENTALS:

THE PRICING FOR THE GATHERING ROOMS AT THE RECREATION CENTER ARE DEPENDENT ON MEMBERSHIP AS WELL AS THE NUMBER OF PEOPLE YOU ARE LOOKING TO HOST. THE KITCHEN AND PATIO CAN BE RENTED FOR ADDITIONAL FEES.

#### MEMBERS:

UP TO 50 PEOPLE- \$40/HOUR

UP TO 100 PEOPLE- \$70/HOUR

UP TO 150 PEOPLE- \$100/HOUR

#### NON-MEMBERS:

UP TO 50 PEOPLE- \$65/HOUR

UP TO 100 PEOPLE- \$100/HOUR

UP TO 150 PEOPLE- \$130/HOUR

## CITY HALL COMMUNITY ROOMS

THE COMMUNITY ROOMS AT CITY HALL ARE AVAILABLE TO RENT TO RESIDENTS OF SEVEN HILLS FOR A FEE OF \$25 PER HOUR. COMMUNITY ROOM RENTALS ARE A MINIMUM OF 4-HOURS AND SECURITY IS REQUIRED FOR ALL EVENTS AT CITY HALL. PAYMENT TO SECURITY IS AN ADDITIONAL \$25 PER HOUR TO BE PAID ON THE DAY OF THE EVENT.

## CONTACT & ADDITIONAL INFORMATION

TO BOOK YOUR EVENT PLEASE CONTACT SPENCER ABBOTT,  
216-524-6262 EXT. 404 OR [SABBOTT@SEVENHILLSOHIO.ORG](mailto:sabbott@sevenhillsohio.org)

**RESERVATIONS ARE NOT CONSIDERED FINAL OR  
CONFIRMED UNTIL FULL PAYMENT IS RECEIVED.**

RESERVATIONS CAN BE MADE NO MORE THAN 180 DAYS IN ADVANCE AND NO LESS THAN 14 DAYS IN ADVANCE FOR THE RECREATION CENTER AND 30 DAYS IN ADVANCE FOR THE CITY HALL COMMUNITY ROOMS.

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# ADULT PROGRAMS

## SESSION DATES – DROP IN TO MOST PROGRAMS AT ANY TIME!

- FALL 1: SEPTEMBER 20TH – OCTOBER 30TH (REGISTRATION BEGINS SEPTEMBER 1ST)
- FALL 2: NOVEMBER 1ST – DECEMBER 18TH (REGISTRATION BEGINS OCTOBER 17TH)
- WINTER 1: JANUARY 3RD – FEBRUARY 12TH (REGISTRATION BEGINS DECEMBER 13TH)

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- INSTRUCTOR: NELA SERRANO
- DAYS: WEDNESDAY EVENINGS 6:30PM – 7:30PM
- FEES: MEMBER PUNCH CARD: \$27 OR \$6 DROP IN  
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### BEGINNER'S YOGA WITH HEATHER

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- INSTUCTOR: HEATHER HANCHUK-RYT 200 HOURS / CYT 500
- DAYS: MONDAY EVENINGS: 5:30PM – 6:30PM
- FEES: 5-CLASS PUNCH CARD: MEMBERS: \$40 NON-MEMBERS: \$45  
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### ALL LEVELS POWER YOGA WITH HEATHER

UPBEAT MUSIC, HIGH ENERGY CLASS! OFFERING HIGHER LEVEL BALANCES, BINDS, AND POSES BUT ALWAYS GIVING MODIFICATIONS FOR THOSE WHO MAY NEED THEM. NO ONE SHOULD BE AFRAID TO TRY THIS CLASS... ALL LEVELS WELCOME!

- INSTUCTOR: HEATHER HANCHUK-RYT 200 HOURS / CYT 500
- DAYS: MONDAY EVENINGS: 7PM – 8PM
- FEES: 5-CLASS PUNCH CARD: MEMBERS: \$40 NON-MEMBERS: \$45  
10-CLASS PUNCH CARD: MEMBERS: \$70 NON-MEMBERS: 80 OR DROP-IN \$10



### ALL LEVELS VINYASA FLOW CLASS WITH EMILY

THIS IS A FAST PAGED AND ATHLETIC CLASS WITH MODIFICATIONS AND CHALLENGES FOR ALL YOGA PRACTITIONERS. YOU WILL FEEL STRONGER AND MORE BALANCED WHEN YOU LEAVE. MAKE SURE TO BRING A MAT, WATER AND SWEAT TOWEL!

- INSTUCTOR: EMILY KLOSS
- DAYS: THURSDAY EVENINGS: 7PM – 8PM
- FEES: 5-CLASS PUNCH CARD: MEMBERS: \$45 / NON-MEMBERS: \$50 DROP-IN: \$11 MEMBERS / \$12 NON-MEMBERS



# ADULT PROGRAMS



## SESSION DATES – DROP IN TO MOST PROGRAMS AT ANY TIME!

**FALL 1: SEPTEMBER 20TH – OCTOBER 30TH ( REGISTRATION BEGINS SEPTEMBER 1ST)**

**FALL 2: NOVEMBER 1ST – DECEMBER 18TH ( REGISTRATION BEGINS OCTOBER 17TH)**

**WINTER 1: JANUARY 3RD – FEBRUARY 12TH ( REGISTRATION BEGINS DECEMBER 13TH)**

### **TRIM & TONE WITH TANYA**

A UNIQUE, HEAD TO TOE, FEEL GOOD WORKOUT COMBINING CARDIO MOVES WITH RESISTANCE TRAINING AND CORE WORK LED BY AN AFAA CERTIFIED INSTRUCTOR. EVERY MUSCLE GROUP WILL BE TARGETED AND TONED, EVEN SOME YOU DIDN'T EVEN KNOW YOU HAVE! MODIFICATIONS ARE TAUGHT SO EVERY "BODY" CAN ENJOY THIS FUN AND INNOVATIVE CLASS.

**MONDAYS - WEDNESDAYS - FRIDAYS 9:30AM – 10:30AM**



### **PILATES SCULPT WITH TANYA**

STANDING AND MAT PILATES EXERCISES USING LIGHT HAND WEIGHTS TO TOTALLY RESHAPE YOUR BODY FROM THE INSIDE OUT. ALL MUSCLE GROUPS WILL BE LENGTHENED AND TONED, IMPROVING CORE STRENGTH, BACK HEALTH AND OVERALL WELL BEING. MODIFICATIONS ARE TAUGHT. BEGINNERS AND ADVANCED.

**TUESDAYS 9:30AM – 10:30AM**



### **STRESS RELIEF YOGA**

THIS CLASS BEGINS WITH A GENTLE YOGA FLOW TO WARM THE BODY INCLUDING SOME LIGHT CORE WORK TO STRENGTHEN THE ABDOMINALS AND BACK. IT CONTINUES WITH DEEP STRETCHING AND RESTORATIVE YOGA POSES ON THE FLOOR, CONCLUDING WITH A FINAL RELAXATION. THE FOCUS IS ON BREATH AND MINDFULNESS TO STRENGTHEN OUR BODIES WHILE IMPROVING FLEXIBILITY AND BALANCE. YOU WILL LEAVE FEELING REFRESHED AND REJUVENATED. ALL LEVELS AND AGES WILL BENEFIT FROM THIS RESTORATIVE CLASS.

**THURSDAYS 9:30AM – 10:30AM**



### **ALL OF THE ABOVE CLASSES ARE ELIGIBLE FOR TANYA'S PUNCH CARD:**

**MEMBER CARD: \$50 ( 10 CLASSES) OR \$7 DROP IN NON-MEMBER CARD: \$70 ( 10 CLASSES) OR \$9 DROP IN**

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**CLASSES MEET IN REC. CENTER GYM 1**

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**DAYS: MONDAY & WEDNESDAY EVENINGS 6:30PM – 7:30PM WITH LOIS POWERS– LOISJAZZERCISE@GMAIL.COM / 330.468.6637**

**DAYS: TUESDAY & THURSDAY MORNINGS 8:30AM – 9:30AM WITH CAROL MASON**

**DAYS: MONDAY & WEDNESDAY EVENINGS 5:15PM – 6:15PM WITH CAROL MASON**





Saturdays at the Seven Hills Recreation Center are always busy - Learn To Swim, Rookie Basketball Leagues, members and guests working out, general registrations - and the first Saturday in October was no exception.

Cathie came to work her Front Desk shift as normal, but something was a little bit off. When she got in, she was talking with the Building Monitor and said she wasn't seeing right - everything was blurry on one side. Jason was our Building Monitor Saturday morning and while talking with her, he noticed drooping on one side of her face. Jason recognized signs, called Mike, the Manager on Duty, and they called 9-1-1 where Seven Hills EMS immediately responded, taking Cathie to the ER.

Cathie was released Sunday afternoon, diagnosed with a transient ischemic attack (a TIA or mini-stroke). Today as I'm writing this, it's Tuesday (yes - 3 days later) and Cathie is coming in to work her afternoon shift. Aside from being resilient, she is dedicated!

Thanks to the quick thinking on Jason and Mike's part, as well as the quick response of Seven Hills Fire Department, Cathie has been cleared by her doctor and is back to work in less than 72 hours.

Mike Gallagher is our staff's emergency trainer at the Rec Center. He makes sure all staff is properly trained and certified in American Red Cross CPR / AED and First Aid. Without Mike's dedication and know-how, the events of Saturday could have been drastically different.

Know the signs. Contact EMS immediately. Get certified!

## UH Parma Wins National Recognition for High-Quality Stroke, Diabetes Care

University Hospitals Parma Medical Center has been recognized with a golden award for quality stroke care by the American Heart Association/American Stroke Association. The Get With The Guidelines®-Stroke Quality Achievement Award: Stroke Gold Plus was earned by meeting specific quality achievement measures for the diagnosis and treatment of stroke patients at a set level for 24 consecutive months.

These measures include evaluation of the proper use of medications and other stroke treatments aligned with the most up-to-date, evidence-based guidelines with the goal of speeding recovery and reducing death and disability for stroke patients. Before discharge, patients should also receive education on managing their health, get a follow-up visit scheduled, as well as other care transition interventions

In addition, UH Parma achieved Stroke Honor Roll Elite for meeting quality measures developed to reduce the time between the patient's arrival at the hospital and treatment with the clot-buster tissue plasminogen activator, or tPA, the only drug approved by the U.S. Food and Drug Administration to treat ischemic stroke.

If necessary to receive a higher level of care, patients can be transferred to UH Cleveland Medical Center, which was the only hospital in Ohio for the second consecutive year to receive all four of the highest American Heart Association/American Stroke Association awards in 2021.

"All of our stroke teams across the University Hospitals Health System have worked together to deliver the highest quality stroke care in an integrated network that provides care close to home for residents of Northeast Ohio," said Cathy Sila, MD, Chair of the UH Department of Neurology, and Director of the UH Comprehensive Stroke Center and UH System Stroke Program.

"Stroke is an emergency, and the best outcomes occur when patients are taken to their closest stroke center to start that life-saving treatment. So, it is very important to us that all of our hospitals can deliver that highest quality stroke care. We are honored that our efforts are recognized by the American Heart Association, and that the Get With The Guidelines-Stroke provide proven knowledge and guidelines to improve outcomes for stroke patients."

UH Parma also was recognized on the Association's Target: Type 2 Diabetes Honor Roll for its quality measures developed with more than 90 percent of compliance for 12 consecutive months for the "Overall Diabetes Cardiovascular Initiative Composite Score."

"We are pleased to recognize University Hospitals for their commitment to stroke care," said Lee H. Schwamm, MD, national chairperson of the Quality Oversight Committee and Executive Vice Chair of Neurology, Director of Acute Stroke Services, Massachusetts General Hospital, Boston, Massachusetts. "Research has shown that hospitals adhering to clinical measures through the Get With The Guidelines quality improvement initiative can often see fewer readmissions and lower mortality rates."

According to the American Heart Association, stroke is the No. 5 cause of death and a leading cause of adult disability in the United States. On average, someone in the U.S. suffers a stroke every 40 seconds and nearly 795,000 people suffer a new or recurrent stroke each year.



## SEVEN HILLS BEFORE AND AFTER SCHOOL PROGRAM 2021- 2022

FULL & PART TIME RATES AVAILABLE!

OUR ENERGETIC STAFF IS GEARED UP TO PROVIDE YOUR CHILD WITH AN ACTIVE, FUN AND PRODUCTIVE ALTERNATIVE TO THEIR BEFORE OR AFTER SCHOOL HOURS. THESE ACTIVITIES WILL INCLUDE THE FOLLOWING: SWIMMING, ARTS & CRAFTS, BOARD/CARD GAMES, VARIOUS SPORTS AND GAMES IN THE GYMNASIUM, SNACK TIME, DEDICATED TIME FOR HOMEWORK AND MUCH MORE. OPEN TO STUDENTS IN GRADES K - 7, SO SIGN UP EARLY TO AVOID BEING SHUT OUT!

PARMA BUSSING PROVIDED FOR CHILDREN ATTENDING GREEN VALLEY, DENTZLER, & HILLSIDE!

PROGRAM CALENDAR FOLLOWS THE PARMA CITY SCHOOLS SCHEDULE

PARTICIPANTS MUST REGISTER AND PAY BY THURSDAY OF THE PREVIOUS WEEK TO AVOID BEING CLOSED OUT!

CONTACT [CAMPS@SEVENHILLSOHIO.ORG](mailto:CAMPS@SEVENHILLSOHIO.ORG) FOR MORE INFO!

### BEFORE CARE PART TIME (1-3 DAYS):

MEMBERS: \$20 PER WEEK

NON-MEMBERS: \$25 PER WEEK

### FULL TIME (4 OR MORE DAYS):

MEMBERS: \$27 PER WEEK

NON-MEMBERS: \$37 PER WEEK



### AFTER CARE PART TIME (1-3 DAYS)

MEMBERS: \$26 PER WEEK

NON-MEMBERS: \$32 PER WEEK

### FULL TIME (4 OR MORE DAYS):

MEMBERS: \$40 PER WEEK

NON-MEMBERS: \$50 PER WEEK

## Kids Day Off Program - \$45 per student



BRING THE KIDS AS EARLY AS 6:30AM AND LEAVE THEM UNTIL 6PM - NO EXTRA CHARGES!

THE DAY IS FILLED WITH ACTIVITIES, CRAFTS, SWIMMING AND MORE FUN! BRING A LUNCH, A SNACK, AND SWIM GEAR!

CONTACT CAMP STAFF WITH QUESTIONS - [CAMPS@SEVENHILLSOHIO.ORG](mailto:CAMPS@SEVENHILLSOHIO.ORG)

2021 - FRIDAY OCTOBER 8TH, FRIDAY OCTOBER 22ND, TUESDAY NOVEMBER 2ND

2022 - FRIDAY JANUARY 14TH, MONDAY JANUARY 17TH, MONDAY FEBRUARY 21ST, FRIDAY MARCH 18TH, TUESDAY, MAY 3RD

## CHRISTMAS BREAK CAMP!

OUR CHRISTMAS BREAK CAMP OFFERS YOUR CHILDREN THE OPPORTUNITY TO GET EXERCISE AND FRESH AIR DURING THEIR TIME OFF SCHOOL WITH OUR EXPERIENCED CAMP STAFF! CHILDREN WILL ENJOY A CHRISTMAS BREAK FILLED WITH GAMES, ACTIVITIES, ARTS AND CRAFTS, A FIELD TRIP AND SO MUCH MORE! PLEASE PACK A LUNCH, A SNACK AND SWIM GEAR EACH DAY! CONTACT CAMP STAFF AT 216.524.6262 OR [CAMPS@SEVENHILLSOHIO.ORG](mailto:CAMPS@SEVENHILLSOHIO.ORG) FOR MORE INFO!

CAMP DATES: DECEMBER 20, 21, 22, 23, 27, 28, 29 & 30 - 2021. GET HERE AS EARLY 6:30AM AND STAY UNTIL 6PM - WITH NO EXTRA FEES!

WEEKLY FEE: MEMBERS: \$150 NON-MEMBERS: \$180 PER WEEK

SINGLE DAY DROP IN FEE (MAX 1 DAY PER WEEK): MEMBERS: \$45 / NON-MEMBERS: \$50

FIELD TRIP TBA- SEVEN HILLS BOWLING LANES INCLUDES LUNCH AND BOWLING! \$20



# Youth Programs with **Rookie Athletics**

## **Basketball League**

Ages 5-8, Your young athlete will have a great time learning the fundamentals while becoming game ready.

Week one will be a skill introduction and review, followed by five weeks of games. 6 class program.

*Games will start between 10am - 2pm Saturdays. A schedule will be emailed before Week 1. \$75*

## **Basketball Skills**

Ages 3-13, If you are looking to learn the fundamentals or gain more experience and knowledge on the court, our skills class is for you! Through skill drills and games, see improvement in all areas of basketball. 5 class program Tuesday evenings. \$50

## **PickUp Basketball**

Ages 9-12, Just want to play basketball? Pick up is perfect. 60 minutes of game after game after game. 5 class program. \$50

## **DODGEBALL**

Ages 9&up, After a brief rule review we dive directly into game play in a fast paced, ball-flying, dippin n' dodgin exciting time. 5 class program. Monday evening \$50

## **Rookie PhysEd**

Ages 3&4, Rookie Phys. Ed introduces the ABCS of sports to beginners in an exciting environment while promoting social development. Each athlete will develop their ABCS (Ability, Balance, Coordination, & Skills) through fun drills and games. 5 class program. \$50

**SCAN CODE FOR MORE  
INFORMATION & TO REGISTER**



**OR VISIT [ROOKIEATHLETICS.ORG](http://ROOKIEATHLETICS.ORG)**



## 2021/2022 Fall and Winter Group Learn-to Swim\*

Members: \$45 | Non-Members: \$55

This program is designed for ages 6 months and up. We offer a variety of different skill levels from pre-school to pre-swim team.

Contact the Aquatics Supervisor for more information.

\*The aquatic programs times and days are subject to change without notice.

### Group Descriptions

#### Fall Session

**Mon. Only:** Nov. 8th to Dec. 13th

**Wed. Only:** Nov. 10th to Dec. 15th

**Sat. Only:** Nov. 13th to Dec. 18th

#### Winter Session

**Mon. Only:** Jan. 3rd to Feb. 7th

**Wed. Only:** Jan. 5th to Feb. 9th

**Sat. Only:** Jan. 8th to Feb. 12th

Level	Mon/Wed PM	Sat AM
Starfish	XXXX	9:30-10 10-10:30 10:45-11:15
Tadpole (Pre 1)	5-5:30 5:45-6:15	9:30-10 10-10:30 11:30-12
Frog (Pre 2)	5-5:30 5:45-6:15	9:30-10 10-10:30 10:45-11:15
Stingray (Pre 3)	5:45-6:15 6:30-7	10:45-11:15 11:30-12
Turtle (L 1)	5:45-6:15 6:30-7	10-10:30 10:45-11:15
Penguin (L 2)	6:15-7	11:15-12
Sea Otter (L 3)	5-5:45	10:30-11:15
Dolphin (L 4-6)	6:15-7	11:15-12

- **Starfish:** 6 months to 3 years old. This level builds readiness by emphasizing fun in the water. Parents and children will participate in several guided sessions which help children adjust to the water and learn basic water skills.
- **Tadpole (Pre-School #1):** For ages 2.5 and up, this group is for children who are being introduced to the swimming pool for the first few times. The main focus of this level is to become comfortable in the swimming pool.
- **Frog (Preschool #2):** For ages 3 and up, this group is for the beginner swimmer who is familiar with the water. Swimmers will learn the fundamentals of swimming as well as pool safety.
- **Stingray (Preschool #3):** For ages 3 and up, this group is for swimmers who have either completed Preschool 2 or have recommendation from a teacher to move into this group.
- **Turtle (Level #1):** For ages 4 and up, this group is for the swimmer who has completed group STINGRAY or can float unassisted and swim rudimentary freestyle.
- **Penguin (Level #2):** For ages 4 and up, this group is for the swimmer who has completed group TURTLE. In this group, swimmers will learn to swim freestyle with rotary breathing, backstroke, and will be introduced to dolphin and breaststroke kicks.
- **Sea Otter (Level #3):** For ages 4 and up, this group is for swimmers ready to advance their swimming skills. In this group, swimmers will enhance freestyle and backstroke, and continue to learn butterfly and breaststroke.
- **Dolphin (Level #4 - 6):** For ages 5 and up, this group is a pre-swim team swim for swimmers looking to strengthen their swimming skills and learn the fundamentals of swim team.

 **American Red Cross**



# Other 2021/2022 Fall and Winter Aquatic Programs

## Seahawks Recreation Swim Team

This program is designed for swimmers ages 5 and up who have a desire to swim at the competitive level. If your child can swim 25-yards freestyle and 25-yards backstroke non-stop, they can participate in this group (25-yards = One Length of the pool).

### Mondays/Wednesdays

10 and Under 5 to 6 pm & 11 and Over 6 to 7 pm

Members: \$50 | Non-Members: \$60

Fall Session #2: Oct. 25th to Nov. 17th

Fall Session #3: Nov. 29th to Dec. 22nd

Winter Session #1: Jan. 3rd to Jan. 26th

Winter Session #2: Feb. 7th to Mar. 2nd

### Saturdays Only

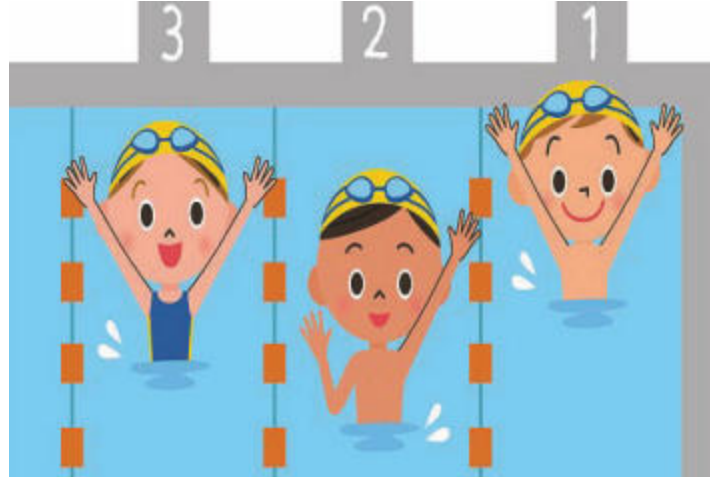
10 to 11 am

Members: \$32 | Non-Members: \$38

Fall Session #2: Nov. 20th to Dec 18th

Members: \$50 | Non-Members: \$60

Winter Session #1: Jan. 8th to Feb. 26th



## Competitive Swimmer Stroke Clinics

The clinics are for **COMPETITIVE SWIMMERS ONLY** between ages 10 and 14. Each swimmer will receive a video analysis digital file of them swimming above and underwater. **October, November, December, January, & February** clinics available.



## Private Swimming Lessons (\$30 per half hour)

This program offers one-on-one or semi-private (2-3 swimmers of equal ability level) swim lessons for children & adults. The emphasis can be for learning to swim or improving stroke technique.



## American Red Cross Lifeguarding Training Courses (Blended Learning)

Provides entry-level participants the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until EMS personnel take over. **November, December, January, and February** classes available! Register online or contact the aquatics supervisor for more information.



## American Red Cross CPR/AED and First Aid Training Courses

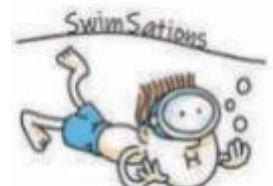
This course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants and meets OSHA/workplace requirements. Contact the aquatics supervisor to schedule your training today!



**CPR & First Aid  
Training Class**

## SwimSations

SwimSations is a new and unique play-based aquatic therapy program for children with sensory processing challenges. For more info, contact Kristen Pataki at 440.567.3648 or kristen.pataki@gmail.com.





REC2CONNECT THERAPY

# Current Programs

Connecting people with special needs to community recreation, wellness, and lifelong leisure through innovative recreation therapy programs

For more information visit [rec2connect.org](http://rec2connect.org) or contact Amber Bailey at [amber@rec2connect.org](mailto:amber@rec2connect.org)

## **Meet and Move-Hiking Club**

60 minute hiking course in area parks. Focus is on endurance, strength, social skills, following directions, and teamwork. After completing 16 hikes, an award is presented at the end. Ages 7 and up-Rocky River Reservation

## **Meet and Move-Fit Friends**

60 minute Fitness Class with focus on increasing strength, social skills, range of motion, balance, and proper form. Ages 15 and up -Seven Hills

## **Bike Connect**

60 minute 1:1 or group classes with focus on beginning bike riding skills. Activities include balance, navigating obstacles, starting and stopping, and pedaling. Ages 5 and up-Westlake

## **Connect and Play**

45 minute group class with focus on group skills, teamwork, social skills, sports skills, and gross motor skills Ages 3-6 Seven Hills

## **Connect and Move**

45 minute group class with focus on group skills, teamwork, social skills, sports skills, and gross motor skills Ages 7-14 Seven Hills

## **Razorsharks Swim Team**

60 minute swim team practice with focus on refining each of the 4 swim strokes, increasing speed and endurance, and practicing for competitions. Ages 7 and up- Berea, Seven Hills, Beachwood

## **Aquatic Therapy/Adapted Aquatics**

45 minute sessions, starting with a standardized assessment. Weekly program focus on swimming skills, balance, motor planning, strength, and swim safety. Ages 1 and up- Beachwood, Akron, Berea, Seven Hills

Included.Always.



# WATER EXERCISE



## **CARDIO & TONING AM CLASS WITH CHRISTINE – NEW!**

PERFECT FOR ALL LEVELS OF AQUATIC EXERCISE EXPERIENCE. WHETHER YOU'RE A BEGINNER OR HAVE YEARS UNDER YOUR FLOATATION BELT, CHRISTINE WILL GUIDE YOU THROUGH YOUR WORKOUT AND PROVIDE INSTRUCTION TO HELP YOU GET THE BEST RESULTS FROM YOUR EFFORT!  
TAUGHT BY SEVEN HILLS ALUMNA CHRISTINE PHILLIPS (MED, E-RYT)

**TUESDAYS & THURSDAYS: 9AM – 9:45AM**

## **CARDIO & TONING WITH KAREN:**

CHANGE-UP YOUR WORKOUTS AT THE POOL! THIS CLASS IS A COMBINATION OF CARDIO INTERVALS ALONG WITH STRENGTHENING AND TONING MOVES. GREAT FOR BEGINNERS OR THOSE WITH EXPERIENCE – A FUN TIME FOR EVERYONE!

TAUGHT BY CERTIFIED INSTRUCTORS AROUND THE 4-FOOT DEPTH.

**TUESDAYS & THURSDAYS: 6:00PM – 7:00PM**

## **LOW IMPACT WATER EXERCISE WITH RENEE:**

GET A GREAT WORK-OUT WITHOUT THE PAIN! WATER AEROBICS OFFERS GREAT RESULTS WHILE YOU ENJOY THE WATER. LOW-IMPACT, HIGH INTENSITY! ALL CLASSES TAUGHT BY CERTIFIED INSTRUCTORS – CLASS MEETS AROUND THE 4-FOOT DEPTH.

**MONDAYS, WEDNESDAYS, & FRIDAYS: 9:00AM – 9:45AM**

## **ARTHRITIS FOUNDATION AQUATIC PROGRAM WITH LEIGH:**

THIS PROGRAM IS SPECIFICALLY GEARED TOWARDS ADULTS LIVING WITH ARTHRITIS. PARTICIPANTS ARE PROVIDED WITH GENTLE AQUATIC ACTIVITIES WITH THE GUIDANCE OF A CERTIFIED ARTHRITIS FOUNDATION INSTRUCTOR. ALL EXERCISES ARE LOW-IMPACT AND DONE AROUND THE 4-FT. DEPTH.

**MONDAYS, WEDNESDAYS, & FRIDAYS: 10AM – 10:45AM**

## **AQUA BARRE WITH KATIE:**

AQUA BARRE IS A FITNESS CLASS THAT COMBINES ALL THE COMPONENTS OF CARDIO, STRENGTH, AND FLEXIBILITY FOUND IN A BALLET BARRE CLASS WITH THE BENEFITS AND FUN OF AQUATIC STRENGTH AND CONDITIONING. BALLET BARRE COMBINES PRINCIPLES OF BALLET, YOGA, AND PILATES, AND GENERAL CALISTHENICS WITH A STRONG EMPHASIS ON POSTURE, CORE STRENGTH, AND PROPER TECHNIQUE. INSTEAD OF THE CLASSIC BARRE AND LIGHT DUMBBELLS, GRAVITY AND BUOYANCY ARE BOTH USED TO PROVIDE RESISTANCE AND TONING FOR THE LOWER BODY, CORE, AND UPPER BODY. NO DANCE EXPERIENCE IS NECESSARY, AND MODIFICATIONS CAN BE PROVIDED TO APPEAL TO BOTH BEGINNERS AND EXPERIENCED AQUATIC ENTHUSIASTS!

**MONDAYS: 7:45PM – 8:45PM (THIS PUNCH CARD ONLY GOOD FOR KATIE'S CLASS)**

**ALL WATER EXERCISE CLASSES ARE OFFERED THROUGH OUR PUNCH CARD SYSTEM  
PUNCH CARDS ARE GOOD FOR 12 WATER CLASSES. (CARDS EXPIRE AFTER 8 MONTHS)**

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Wednesday - 10am to 5pm  
Thursday - 10am to 5pm  
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Our Services include: Share/Savings, Draft/Checking, Christmas Club, and Student Saver accounts, Home Equity Loans, New and Used Car Loans, Share Loans, Personal Loans, Motorcycle Loans, RV Loans, and Tuition (Catholic Elementary and High School) Loans. Please call us or go to our website for our current rates. We also offer Visa Credit Cards, Direct Deposit, Direct Debit, Online Banking, and Money Orders.

Also, visit our second location - the St. Therese Branch, which is located at 5269 East 104th Street in Garfield Heights, on Mondays from 2-6 p.m., Wednesdays from 10 a.m.-3 p.m., Thursdays from 1 p.m.-5 p.m., Fridays from 2-6 p.m., and Saturdays from 9 a.m.-12 p.m.

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AT 216-525-6227 / [KHOLLAND@SEVENHILLSOHIO.ORG](mailto:KHOLLAND@SEVENHILLSOHIO.ORG)



**RECREATION CENTER HOLIDAY HOURS:**

CLOSED THURSDAY, NOVEMBER 25TH

5:30AM – NOON FRIDAY, DECEMBER 24TH

CLOSED SATURDAY, DECEMBER 25TH

5:30AM – NOON FRIDAY, DECEMBER 31ST

CLOSED SATURDAY, JANUARY 1ST, 2022

**CITY HALL HOLIDAY HOURS:**

CLOSED MONDAY, OCTOBER 11TH

CLOSED THURSDAY, NOVEMBER 25TH

CLOSED FRIDAY, NOVEMBER 26TH

CLOSED FRIDAY, DECEMBER 24TH

CLOSED FRIDAY, DECEMBER 31ST

CLOSED MONDAY, JANUARY 17TH

CLOSED MONDAY, FEBRUARY 21ST

**2021 DELAYED TRASH PICK UP SCHEDULE:**

THANKSGIVING – 11/25/2021 – THURSDAY PICKED UP ON FRIDAY

CHRISTMAS DAY – 12/25/2021 – NO DELAY

NEW YEAR'S DAY – 1/1/2022 – NO DELAY

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