Seven Hills Recreation Center Summer Pool Schedule (June 19th — August 13th)

Due to programming and pool rentals, this schedule is subject to change without notice.

Drop in Fees: Seven Hills Residents $5 - Parma Residents $10 | Memberships Are Available!

For more information contact Mike at 216-524-6262 ext. 404 or mgallagher@sevenhillsohio.org

SUN	MON	TUES	WED	THUR	FRI	SAT
LAP/OPEN SWIM 12 to 5:45 pm for Lap/Open Swim	**LAP/OPEN SWIM** 5:30 am to 4:45 pm & 7 to 8:45 pm for Lap/Open Swim	**LAP/OPEN SWIM** 5:30 am to 8:45 pm for Lap/Open Swim	**LAP/OPEN SWIM** 5:30 am to 4:45 pm & to 8:45 pm for Lap/Open Swim	**LAP/OPEN SWIM** 5:30 am to 8:45 pm for Lap/Open Swim	**LAP/OPEN SWIM** 5:30 am to 8:45 pm for Lap/Open Swim	**LAP/OPEN SWIM** 8:00 to 9:30 am & 12 to 7:45 pm for Lap/Open Swim
12 to 2 PM Swimming Lessons (1 OR 2 LANES OPEN)	8 to 8:45 am Low Impact (2 LANES OPEN) 9 to 9:45 am Arthritis Foundation Program (ALL LANES CLOSED) 10 to 12 pm Swimming Lessons (OPEN AREA CLOSED/2 LANES OPEN) **12-4 PM** **Day Camp** 4:30 to 7 pm Swimming Lessons (THE ENTIRE POOL AREA/HOT TUB/ SAUNA CLOSED) 7:45 to 8:45 pm Aqua Barre (2 LANES OPEN)	9 to 9:45 am SilverSplash (ALL LANES CLOSED) 10 to 12 pm Swimming Lessons (OPEN AREA CLOSED/2 LANES OPEN) **12-4 PM** **Day Camp** 6 to 7 pm Cardio & Toning (ALL LANES CLOSED)	8 to 8:45 am Low Impact (2 LANES OPEN) 9 to 9:45 am Arthritis Foundation Program (ALL LANES CLOSED) 10 to 12 pm Swimming Lessons (OPEN AREA CLOSED/2 LANES OPEN) **12-4 PM** **Day Camp** 4:30 to 7 pm Swimming Lessons (THE ENTIRE POOL AREA/HOT TUB/ SAUNA CLOSED)	9 to 9:45 am SilverSplash (ALL LANES CLOSED) 10 to 12 pm Swimming Lessons (OPEN AREA CLOSED/2 LANES OPEN) 11:30 to 12:30 pm Rec2Connect Water Therapy (2 LANES OPEN) **12-4 PM** **Day Camp** 6 to 7 pm Cardio & Toning (ALL LANES CLOSED)	8 to 8:45 am Low Impact (2 LANES OPEN) 9 to 9:45 am Arthritis Foundation Program (ALL LANES CLOSED) **12-4 PM** **Day Camp**	9:30 am to 12 pm for Lessons (THE ENTIRE POOL AREA/HOT TUB/ SAUNA CLOSED) **Updated** **July 8, 2021**

Important: This schedule may change without notice due to programming and rentals.