



# Outdoor Recreation

ADAPTIVE	DAY	DATES	TIME	PARK	AGES	FEE**
Snowshoe/Hike & Camp Cooking	Sat	<a href="#">Feb 1</a>	4 – 6 p.m.	NCR	14+*	\$15.00
	Sat	<a href="#">Feb 22</a>	4 – 6 p.m.	NCR	14+*	\$15.00
Kayaking 1: Basic Strokes	Sun	<a href="#">Jan 12</a>	9 a.m. – noon	Off site	14+*	\$45.00
<b>BACKPACKING</b>						
Backpacking Basics	Thu	<a href="#">Jan 30</a>	6:30 – 8:30 p.m.	RRNC	14+*	\$10.00
Winter Backpacking Pre-Trip (Mandatory pre-trip meeting) Trip: Feb 22, 11 a.m. – Feb 23, 11 a.m.	Tue	<a href="#">Feb 18</a>	6 – 8 p.m.	GPC	14+*	\$65.00
Land Navigation 1	Sat	<a href="#">Mar 7</a>	9 a.m. – noon	NCR	14+*	\$15.00
Land Navigation 2	Sat	<a href="#">Mar 7</a>	1 – 4 p.m.	NCR	14+*	\$15.00
<b>CYCLING</b>						
Mountain Biking Skills Clinic at Ray's MTB	Wed	<a href="#">Feb 5</a>	6 – 9 p.m.	Off site	Adult	\$20.00
	Wed	<a href="#">Feb 12</a>	6 – 9 p.m.	Off site	Adult	\$20.00
	Wed	<a href="#">Feb 19</a>	6 – 9 p.m.	Off site	Adult	\$20.00
	Wed	<a href="#">Feb 26</a>	6 – 9 p.m.	Off site	Adult	\$20.00
<b>CLIMBING</b>						
Ice Climbing Adventure Pre-Trip (Must attend one of the pre-trip meetings) Trip: February 8, 6 a.m. – 8 p.m.	Wed	<a href="#">Feb 5</a>	5 – 7:15 p.m. or 7 – 9 p.m.	Off site	16+*	\$130.00
<b>CROSS-COUNTRY SKIING</b>						
Try-It: Cross-Country Skiing (2 hr. sessions)	Sat	<a href="#">Jan 11</a>	12:30 – 8 p.m.	NCR	10+*	\$15.00
	Mon	<a href="#">Jan 20</a>	10 a.m. – 5:30 p.m.	NCR	10+*	\$15.00
Cross-Country Skiing 1: Strides (3 hr. sessions)	Wed	<a href="#">Jan 8</a>	6 p.m. – 9 p.m.	BeR	10+*	\$25.00
	Thu	<a href="#">Feb 6</a>	6 p.m. – 9 p.m.	BeR	10+*	\$25.00
	Thu	<a href="#">Feb 13</a>	6 p.m. – 9 p.m.	BeR	10+*	\$25.00
	Sun	<a href="#">Feb 23</a>	9 a.m. – 4 p.m.	BeR	10+*	\$25.00
Allegany State Park XC Ski Pre-Trip (Mandatory pre-trip meeting) Trip: Jan 24, 2 p.m. – Jan 26, 7 p.m.	Wed	<a href="#">Jan 15</a>	6 – 9 p.m.	BeR	Adult	\$195.00



Cleveland Metroparks Outdoor Recreation offers a series of year-round programs from introductory experiences and skills classes to advanced trips and certification courses. These class levels allow novices interested in an activity to gain the skills and knowledge to safely and confidently participate in these activities on their own while still challenging the avid recreationist.

## Adaptive

Learn how to kayak or discover the art of camp cooking during these programs specifically designed for people with disabilities.

## Backpacking

Learn the art of backpacking under the guidance of experienced backpackers through a series of classroom programs to multi-day trips where education and helping you gain the skills to backpack on your own is the goal.

## Cycling

Enhance your mountain biking skills this winter indoors at Ray's Mountain Bike Park under the guidance of a certified mountain bike instructor. Bring your own bike or rent one from Ray's.

\* Must have registered and participating adult accompanying youth.

\*\* Early bird fee shown. Fee includes all equipment needed to participate. Site abbreviations listed on page 13.

Register online  
for these programs at  
[clevelandmetroparks.com/or](http://clevelandmetroparks.com/or)



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SNOWSHOEING	DAY	DATES	TIME	PARK	AGES	FEE**
<b>Try-It: Snowshoeing</b> <i>(2 hr. sessions)</i>	Sat	<a href="#">Jan 11</a>	1 – 8:30 p.m.	NCR	10+*	\$15.00
	Mon	<a href="#">Jan 20</a>	10:30 a.m. – 6 p.m.	NCR	10+*	\$15.00
	Sat	<a href="#">Feb 1</a>	1:30 – 3:30 p.m.	NCR	10+*	\$15.00
	Sat	<a href="#">Feb 22</a>	1:30 – 3:30 p.m.	NCR	10+*	\$15.00

KAYAKING						
<b>Kayaking 1: Basic Strokes</b>	Sun	<a href="#">Jan 12</a>	9 a.m. – noon	Off site	14+*	\$45.00
	Sun	<a href="#">Feb 2</a>	9 a.m. – noon	Off site	14+*	\$45.00
<b>Kayak 2: Rescues</b>	Sun	<a href="#">Jan 26</a>	9 a.m. – noon	Off site	14+*	\$45.00
	Wed	<a href="#">Feb 26</a>	6 – 9 p.m.	Off site	14+*	\$45.00

YOUTH						
<b>Outdoor Adventure for Homeschoolers: Snowshoeing &amp; Skiing</b> <i>(2 hr. sessions)</i>	Thu	<a href="#">Jan 23</a>	10 a.m. – 3 p.m.	BeR	8 – 13	\$10.00
<b>Youth Kayaking</b>	Wed	<a href="#">Jan 29</a>	6 – 8 p.m.	Off site	8 – 13	\$30.00

RACES/TOURS/EVENTS						
<b>Skills &amp; Thrills Series</b> <i>with light appetizers</i>	Wed	<a href="#">Jan 22</a>	6 – 8 p.m.	LR	All ages*	\$5.00
	Wed	<a href="#">Feb 5</a>	6 – 8 p.m.	LR	All ages*	\$5.00
	Wed	<a href="#">Feb 19</a>	6 – 8 p.m.	LR	All ages*	\$5.00
	Wed	<a href="#">Mar 4</a>	6 – 8 p.m.	LR	All ages*	\$5.00
	Wed	<a href="#">Mar 18</a>	6 – 8 p.m.	LR	All ages*	\$5.00
<b>Adventure University &amp; Gear Swap</b>	Sat	<a href="#">Mar 21</a>	10 a.m. – 4 p.m.	Off site	All ages*	Free

CERTIFICATIONS						
<b>Wilderness First Aid</b>	Sat – Sun	<a href="#">Apr 4 – 5</a>	8 a.m. – 5 p.m.	BrR	16+*	\$215.00

## Climbing

Learn how to ice climb as we travel to Fenton, Michigan to climb a 45' and 72' ice tower created by the Peabody Ice Climbing Club.

## Cross-Country Skiing

Learn the basics of cross-country skiing from try-it sessions to introductory classes focusing on basic terminology, strides, turning, and going up and down small hills.

## Snowshoeing

Learn basic snowshoeing terminology, turning, going up and down small hills, how to easily go over obstacles, and why going backwards usually isn't a good idea.

## Kayaking

Learn efficient strokes and rescue techniques that will prepare you for paddling on longer trips or tours.

## Skills & Thrills Series

Hear inspiring outdoor adventures as well as learn new skills you can apply to your next adventure during this winter series. Light appetizers provided.

## Adventure University & Gear Swap

Listen to exhibitors, local adventures, and certified professionals share inspiring stories and teach new skills as well as buy/sell gear for your next trip during the gear swap.

## Wilderness First Aid

Become a SOLO certified WFA during this hands-on training course that will help you prepare for the unexpected in the backcountry.

## CALL FOR PRESENTERS! Adventure University & Gear Swap Saturday • March 21 • 10 a.m. – 4 p.m. Baldwin Wallace University

Celebrate Northeast Ohio's outdoor recreation culture by presenting at this year's event. We are seeking submissions regarding local trips, global adventures, DIY gear, and other human-powered outdoor adventure-related stories. No submission is too great or small. Check out the *YOU Present!* form online for complete presentation guidelines. Partnership between Cleveland Metroparks and Baldwin Wallace University.

