

# Seven Hills Recreation Center 2018 Summer Pool Schedule (June 4-August 31)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>12 Noon - 5:45 PM</b> Lap/Open Swim</p> 	<p><b>5:30 AM-9:45 AM</b> Lap/Open Swim</p> <p><b>10 am - 12 Noon</b> Learn-To-Swim (No Lap/Open Swim)</p> <p><b>12 Noon - 4:45 PM</b> Lap/Open Swim</p> <p><b>5 - 7 PM</b> Learn-To-Swim (No Lap/Open Swim )</p> <p><b>7 - 8:45 PM</b> Lap/Open Swim</p>	<p><b>5:30 AM-9:45 AM</b> Lap/Open Swim</p> <p><b>10 am - 12 Noon</b> Learn-To-Swim (No Lap/Open Swim)</p> <p><b>12 Noon - 8:45 PM</b> Lap/Open Swim</p> 	<p><b>5:30 AM-9:45 AM</b> Lap/Open Swim</p> <p><b>10 am - 12 Noon</b> Learn-To-Swim (No Lap/Open Swim)</p> <p><b>12 Noon - 4:45 PM</b> Lap/Open Swim</p> <p><b>5 - 7 PM</b> Learn-To-Swim (No Lap/Open Swim )</p> <p><b>7 - 8:45 PM</b> Lap/Open Swim</p>	<p><b>5:30 AM-9:45 AM</b> Lap/Open Swim</p> <p><b>10 am - 12 Noon</b> Learn-To-Swim (No Lap/Open Swim)</p> <p><b>12 Noon - 8:45 PM</b> Lap/Open Swim</p>	<p><b>5:30 AM-8:45 PM</b> Lap/Open Swim</p>	<p><b>8 - 9:45 AM</b> Lap/Open Swim</p> <p><b>10 AM - 12 Noon</b> Learn-To-Swim (No Lap/Open Swim)</p> <p><b>12:00 - 7:45 pm</b> Lap/Open Swim</p>

## WATER AEROBICS CLASSES

- **Cardio & Toning W/ Leigh:**  
Tuesday & Thursday (6:00 - 7:00 PM)\*\*  
\*\*Due to Large Class size, Lap Lanes May NOT Be Available
- **Silver Splash W/ Judy:**  
Monday 12-12:45 PM, Tue & Thur 9-9:45 AM, and Fri 11-11:45 AM
- **Low Impact Aerobics class with Renee:**  
Monday, Wednesday, & Friday (8 to 8:45 am)
- **Arthritis Foundation Aquatic Program Class:**  
Monday, Wednesday, & Friday (9-9:45 AM)
- **Aqua Barre W/ Katie:**  
Monday (7:45 - 8:45 PM)

## IMPORTANT NOTES

- Summer Day Camp Swims Every Day Between 12 PM - 4 PM.
- Due to programming and rentals, THIS POOL SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTICE.
- OUR #1 Priority is your safety.
- ALL AQUATIC FACILITY RULES MUST BE FOLLOWED OR YOUR AQUATIC PRIVILEGES MAY BE REVOKED.
- The pool may close due to inclement weather, a power outage, or if there are other maintenance issues without notice.
- Please ask the pool staff any time during open swim if you would like the features or slide on.
- During any of the water aerobics classes, the slide may be turned on at any time, but not the features.

**Drop in Fees:** Seven Hills Residents \$5 & Non-Residents \$10 | Memberships Are Available!

For more info please contact Mike (The Aquatics Supervisor) at 216-524-6262 ext. 404 or at [mgallagher@sevenhillsohio.org](mailto:mgallagher@sevenhillsohio.org).

Go to [www.sevenhillsohio.org](http://www.sevenhillsohio.org) to check out our recreation and aquatics programs.