


Sun	Mon	Tue	Wed	Thu	Fri	Sat
	* = JoAnn's Senior Yoga: Members: \$2 Non-Members: \$3	** = Tanya's Senior Fit: Members: \$2 Non-Members: \$3				1
2	3 8:00 - 9:00 Sr. Yoga w/JoAnn* 10:15 - 11 Yoga w/ Renee 11:15-12 Circuit w/ Renee	4 	5 9 - 9:45 Classic w/ JoAnn 10:15-11 Yoga w/ Renee 11:15 - 12:00 Circuit w/ Renee	6 10-10:45 Cardio w/ Leigh 11:00 - 11:45 Tanya's Sr. Yoga**	7 1	8
9	10 8:00 - 9:00 Sr. Yoga w/JoAnn* 10:15 - 11 Yoga w/ Renee 11:15-12 Circuit w/ Renee 12:00 - 12:45 Splash w/ Judi	11 9 - 9:45 Splash w/ Judi 9-9:45 Cardio w/Renee 10 - 10:45 Classic w/ Leigh 11:00 - 11:45 - Tanya's Sr. Fit**	12 9 - 9:45 Classic w/ JoAnn 10:15-11 Yoga w/ Renee 11:15 - 12:00 Circuit w/ Renee	13 9 - 9:45 Splash w/ Judi 10-10:45 Cardio w/ Leigh 11:00 - 11:45 Tanya's Sr. Yoga**	14 11 - 11:45 Splash w/ Judi	15
16	17 8:00 - 9:00 Sr. Yoga w/JoAnn* 10:15 - 11 Yoga w/ Renee 11:15-12 Circuit w/ Renee 12:00 - 12:45 Splash w/ Judi	18 9 - 9:45 Splash w/ Judi 9-9:45 Cardio w/Renee 10 - 10:45 Classic w/ Leigh 11:00 - 11:45 - Tanya's Sr. Fit**	19 9 - 9:45 Classic w/ JoAnn 10:15-11 Yoga w/ Renee 11:15 - 12:00 Circuit w/ Renee	20 9 - 9:45 Splash w/ Judi 10-10:45 Cardio w/ Leigh 11:00 - 11:45 Tanya's Sr. Yoga**	21 11 - 11:45 Splash w/ Judi	22
23	24 8:00 - 9:00 Sr. Yoga w/JoAnn* 10:15 - 11 Yoga w/ Renee 11:15-12 Circuit w/ Renee 12:00 - 12:45 Splash w/ Judi	25 9 - 9:45 Splash w/ Judi 9-9:45 Cardio w/Renee 10 - 10:45 Classic w/ Leigh 11:00 - 11:45 - Tanya's Sr. Fit**	26 9 - 9:45 Classic w/ JoAnn 10:15-11 Yoga w/ Renee 11:15 - 12:00 Circuit w/ Renee	27 9 - 9:45 Splash w/ Judi 10-10:45 Cardio w/ Leigh 11:00 - 11:45 Tanya's Sr. Yoga**	28 11 - 11:45 Splash w/ Judi	29
30	31 8:00 - 9:00 Sr. Yoga w/JoAnn* 10:15 - 11 Yoga w/ Renee 11:15-12 Circuit w/ Renee 12:00 - 12:45 Splash w/ Judi					