A Message from Mayor Dell’Aquila:

Almost one year has elapsed since you overwhelmingly voted this new Council into office. In that short time, they have fully justified your support by working diligently to repair the damage left behind for them and restoring the dignity of Seven Hills. Much has been achieved, with much more to come.

Messaging. A point of focus for the current Council and Administration this past year has been to increase messaging, transparency, and resident outreach. You see this in the newsletters, email updates, ward meetings, reconfiguring of the city website, and soon to come: upgrading the electronic messaging sign at Civic Drive and Broadview Road.

Rockside Update. It is rapidly becoming apparent to everyone why I asked Dr. Edward Foley to return to Chair the Planning Commission. His years of prior experience on the Commission, professionalism, and dedication are already paying dividends as Seven Hills works on the proposed Rockside mixed use development at Crossview.

With his help, the city is now drilling down on the details and communicating to the developers that approval of their project depends, at a minimum, upon creating a net economic benefit for Seven Hills, as well as execution of that critical development agreement.

Social Media. In a recent interview, Benjamin Netanyahu identified social media hyperbole and hostility as one of his toughest challenges as Prime Minister of Israel. Likewise, on a lesser scale, social media rants in Seven Hills are undermining the conditions that sustain our system of government.

A stable community depends on a shared sense of cohesion, in which residents can align themselves on certain issues to advance the city's interests. However, the trend online now is that some apparently receive and share only the type of information that they have either preselected, or, of more concern, information that third parties have selected for them. This "echo chamber" can harden beliefs and create polarized groups centered around false information, no matter how divorced from reality, thereby distorting the city's decision making processes.

City Officials. All city employees must be compensated fairly and competitively so that Seven Hills can attract and retain professional staff, balanced by the responsibility to prudently manage the budget. Although the Mayor's annual salary is only $14,000, Administration staff salaries were unfairly and unnecessarily cut last term, despite an increase in certain collectively bargained pay scales.

Many Administration positions remain unfilled, requiring current staff to perform these additional extra functions along with their regular duties. Nonetheless, even after prudent restoration to competitive levels, these salaries remain at or below statewide averages found in the 2017 Ohio Municipal League salary survey.

Calvin Update. Supplies and materials have been contributed and purchased, volunteers and equipment are in place, and we hope to begin work soon on the ball fields to properly install drainage and correctly upgrade field playing conditions there.

Thank you to everyone who is working on this project, and to those who have promised donations, all for the benefit of our youth.

...Continued on next page.....
Budget Update. As the year unfolds, Council and the Administration have paid close attention to the 2018 budget with mid-year and other periodic reviews. The operating budget is on track to end 2018 essentially as appropriated. We still have another calendar quarter left this year, but the trend thus far is positive.

Leadership. As I approach my final year as Mayor, I want to share with you a few thoughts on leadership.

Effective leaders:
- Treat everyone with respect
- Keep their word, expect accountability and reward productivity
- Listen and communicate effectively
- Support the growth of subordinates
- Share policy decisions and details to create "buy-in."

By comparison, poor leaders:
- Micromanage
- Are egotistical or aloof
- Criticize without justification
- Communicate by issuing orders, and lack listening skills
- Are petty, self-absorbed, obsessive, or belligerent.

Effective leaders do not crave power or abuse others. Instead, they trust and delegate responsibilities, but always expecting well-defined results. A true leader is confident without arrogance.

During my years in office, I have always attempted to meet these standards of effective leadership. I remain honored by your confidence in selecting me to serve as the Mayor of our city over that time.

--Mayor Richard Dell'Aquila
Important Dates:

TUESDAY, NOVEMBER 6TH

RECREATION CENTER BLACK FRIDAY
MEMBERSHIP DISCOUNT
FRIDAY, NOVEMBER 23RD

12 DAYS OF FITNESS
DECEMBER 2ND - DECEMBER 13TH

VFW POST 7609 ANNUAL
CHILDREN’S CHRISTMAS PARTY
SUNDAY, DECEMBER 2, 2018
1PM - 4PM
SEVEN HILLS RECREATION CENTER
FREE PHOTO WITH SANTA!
Permit Required to Hunt Deer
- Deer archery season is from September 29, 2018 to February 3, 2019.
- Applications are available for pick up from Seven Hills City Hall Monday through Friday, 8 AM to 4 PM.
- The completed application can be turned into the Seven Hills Police Department before 12/31/18.
- Permits will not be valid to hunt until September 29, 2018.
- Permit applications will not be accepted after December 31, 2018.
- Please call the Police Department at 216-524-4423 if you have any questions or concerns regarding deer hunting or the City Ordinance that regulates hunting.
- Archery deer hunting permits will again be issued by the Police Department subject to restrictions of City Ordinance 505.11 and in compliance with all Ohio Division of Wildlife regulations.
- Ohio regulations can be found at: http://wildlife.ohiodnr.gov/huntingandtrappingregulations

Fall / Winter Reminders for Residents:
Autumn is here and the leaves are falling! Please do your part as a resident and care for your property.
A few tips:
- Rake Leaves and pile on tree lawn. Check city website for leaf pick up dates
- Sidewalks / Driveways should remain free and clear of grass clippings
- When it snows, please shovel a path. Students walking to and from school and residents out and about will thank you!
- 723.03 states that you properly store waste containers not visible from the street

Take pride in your property! More helpful ordinances can be found on www.sevenhillsohio.org

1143.04 EXTERIOR APPEARANCE OF RESIDENTIAL STRUCTURES

Landscaping. Premises shall be maintained. Lawns, hedges and bushes shall be kept from becoming overgrown and unsightly where exposed to public or private property and where the same constitute a blighting factor depreciating adjoining property and impairing the good residential character of the immediate neighborhood. Ordinance 707.11 has helpful info on trees and hedges!

351.11 PARKING HOURS REGULATED.

(a) No person, operator or owner shall park or permit a vehicle to remain on the roadway portion of any street or highway in the City between the hours of 3:00 a.m. and 6:00 a.m., except emergency vehicles, vehicles being used by physicians on emergency calls, and vehicles being used in connection with street improvement or the stringing, laying, repair or maintenance of utility facilities in or above the street area, provided that permission for such parking shall have first been procured from the Chief of Police.

(b) No person, operator or owner shall park or permit a vehicle to remain on the roadway portion of any street or highway in the City or on the side of any street on which there is a fire hydrant located on any portion of any street.
Senior Snowplow Program

Winter is just around the corner and once again the Senior Snowplow Program is being organized to offer a discount to the seniors and handicapped of Seven Hills.

If you are a returning customer, your previous driver will be contacting you with this year’s contract. Please follow up directly with them to ensure that you will retain service for this season. NEW customers can call Tony Terry at 216-525-6230 to be assigned a driver.

Full terms of the program can be found at www.sevenhillsohio.org—Departments—Senior and Health Services—Seven Hills Human Services—Snow Plow programs.

Prices have not changed this year and two choices remain: $14.00 per plow or $240.00 for the season. Inform your contractor of which program you prefer. Payment will go directly to your contractor.

RETAIN YOUR CONTRACTORS CONTACT INFORMATION. The contracts for snowplowing are between the resident and the contractor. If you have questions about your service, please first contact your driver.

If you cannot get your questions resolved, feel free to call Tony Terry at City Hall for assistance.

Remember, this program is for basic service. Drivers will begin their routes after 2 inches of accumulation and have 10 hours to complete their routes. There is no guarantee of a specific plow time.

Seven Hills Bingo Dates!

Oct. 15th  Nov. 5th  Nov. 14th  Nov. 19th
Dec. 3rd  Dec. 12th  Dec. 17th
10:30—Noon each day!

Seven Hills City Hall
7325 Summitview Dr.
When You Go Away

Make sure light bulbs will last while away. Change them if necessary.
Make arrangements to have your mail / newspapers collected.
Leave contact information with a neighbor.
Unplug all unnecessary appliances such as televisions, stereos, computers.
Mow your lawn just before leaving. Make arrangements to have it mowed during extended absence.
In the winter, make arrangements to have someone shovel sidewalks if it snows. At a minimum, have a neighbor walk from the street to your door several times. Maintain lived-in appearance
If you use an answering machine, turn off the ringer on the phone. If you don’t have an answering machine, unplug or turn off ringers on all phones. No RING, RING, RING
Leave a radio on within the residence

Steps to Prevention

Is your address clearly visible from the street during the day and night? Necessary for proper response of police and fire personnel.
Remove hiding places:
Shrubs and/or bushes cut to the lower edge of windows
Trees cut 6 to 7 feet above ground
Is the property well maintained?
Appears that you care what happens here
Lighting: Interior and Exterior
Continuous - vs- motion sensor
Out of reach from the ground
Timers while away
Get rid of “Hidden” keys
Better left with a trusted neighbor
Sealed envelope
Secured openings (windows & doors)
Able to open only a specific amount
Equipped with quality locks
Doors locked while you are home

Alarms
Alarm signs clearly visible
Pets: BEWARE OF DOG
Even if you don’t have one
Corded phone
Cordless won’t work in a power outage
Vary daily routines
Know where family members are at all times.
Know your neighbors.
Develop a rapport with them and offer to keep an eye on each other’s property.
Retrieve each others mail
Allow them to use your driveway while you’re away
If you observe suspicious activity, report it immediately to your local police.

Obstacles to Personal Safety

Attitude of Complacency

“It can’t happen to me.” • “Nothing like this happens in my neighborhood.” • “If it’s going to happen, it’s going to happen.”

A criminal attack against you or your family can take place anywhere, as can fire or other disaster.

YOU CAN influence what happens to you by assuming more responsibility for your own security.

Secure mail / newspapers

When You Go Away

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Secure mail / newspapers
Hope all of our readers had a great Summer and Fall season. The holiday season will be here soon, and The Seven Hills Fire department would like to remind everyone to make safety your number one gift to all this year.

During the Christmas and holiday season, it is fun to decorate for the winter holidays, but holiday decorations can increase your risk for a home fire. Use electricity safety to avoid the following common causes of electrical fires:

- Overloaded outlets. Keep in mind not to overload the power strips, this can cause a potential fire.
- Misuse of extension cords
- Not turning off lights and decorations before going to bed or leaving the home
- Old or worn holiday lights
- Old or worn out appliances and electrical cords.

Decoration Fire Safety Tips

**Trees**

When purchasing an artificial tree, look for a “Fire Resistant” label. If you have a metallic tree, never use electric lights on it. You could be electrocuted.

When purchasing a live tree, check for freshness. Make sure the needles are soft and are not falling off. Hard, brittle needles are signs of a dry tree, which can easily catch fire.

Keep your live tree a safe distance from heat sources.

Live trees need water, and lots of it. Cut about one inch off the bottom of the trunk before putting the tree in the stand. Add water and check the tree daily.

Do not block your exit door with your tree.

Remove live trees from your home as soon as possible. Most Christmas tree fires occur on or after New Year’s Day.

**Lights**

Check each light set for damaged sockets or wires. Discard light sets and extension cords that are worn or cracked.

Use UL approved light sets. Follow the manufacturer recommendations concerning the maximum number of light sets that can be connected together.

Replace burnt out bulbs with bulbs of the same wattage as indicated on the tag attached to the light set.

Turn off all lights before you go to bed or leave the home.

Use only light sets and extension cords marked “For Outdoor Use” outside your home.

Fasten outdoor lights securely with insulated clips or hooks. Use circuits protected by ground fault circuit interrupters (GFCIs).

**Fireplaces and Heaters**

Before starting a fire in the fireplace, remove all decorations (including stockings hung by the fireplace) and be sure the flue is open.

Do not burn wrapping papers in the fireplace. They can burn extremely fast, throwing off sparks and can ignite creosote that has previously accumulated in the chimney.

Always use a screen in front of the fireplace. Also consider using a fire-resistant carpet or mat (made for fireplaces) on the floor in front of the fireplace.

Keep all combustible materials, including wrapping paper at least three feet away from any heater - space heaters need space.

When plugging in electric heaters, make sure that the outlet was designed to handle the load. Be safe. Do not plug anything else into the socket with the heater.

When using kerosene heaters, make sure you only use the correct fuel. The wrong fuel may cause a fire or explosion. Only fill to 90 percent. Kerosene will expand once indoors. After the heater has cooled, take it outside to refuel.

**General Fire Safety**

One of the best ways to protect yourself and your family from a house fire is by having working smoke alarms in your home. By providing early warning of fire, smoke alarms can double your chances of escaping a fire safely. Annually, there are over 13,000 fires in Ohio, in the place we feel safest - our homes. Follow these tips to keep you, your family and your belongings safe from fire:

- Check your smoke alarms monthly. Only a working smoke alarm can save your life.
- Install smoke alarms on each level of your home and sleeping areas. Sleep with your bedroom door closed.
- Be sure to update your smoke detectors to have photoelectric and ionization detection.
- Make sure overnight guests also know your fire escape plan.

Make sure your smoke alarms have correct batteries. Install a carbon monoxide detector if you have any appliance or device that has a flame - stove, water heater, furnace, fireplace, space heater, etc.

Do not use your stove or oven to heat your house.

Smoking-related fires are a leading cause of fire fatalities in Ohio. Provide plenty of large, deep ashtrays and check them frequently. Cigarette butts can smolder in the trash and cause a fire, so completely douse any smoking material with water before discarding.

**In Case of Fire, Follow Your Escape Plan**

Remember to GET OUT, STAY OUT and CALL 911 or your local emergency phone number, 216-524-3911; contacts our dispatch directly.

The members of the Seven Hills Fire Department wish everyone the best for the Holiday Season, and a safe 2019. We are proud to serve.
Emergencies after hours - Contact Seven Hills Dispatch at 216-524-3911. Dispatch will contact the appropriate department to handle the City related issues such as snow removal, sewers backing up, flooding, downed trees and dead animals. For Medical Emergencies, Dial 9-1-1.

Leaf Pickup
Curbside leaf pickup will start in October and Continue through December weather permitting. Ditch lined streets will be done first with subdivisions to follow. Leaf pickup signs will be placed one week in advance. Leaves should be raked no more than 6’ from the street or curb. Do not add yard waste such as branches, weeds and grass clippings to your leaves. These items clog the vacuum tubes and cause unnecessary delays in the pickup process. Do not rake leaves into the street, by mail boxes, poles or fire hydrants.

Leaves will not be picked up if grass clippings, sticks, branches, etc. are mixed in with the leaves.

Snow Removal
Main streets and hills are a priority followed by the side streets and subdivisions. The City typically plows and salts the intersections, hills and curves to minimize the salt costs.

Mailboxes
The Service Department will make repairs to mailboxes that have been directly hit by the snowplows. Typically, damage is a result of the snow hitting the mailbox and not direct contact with the plow. Please check the condition of your mailbox in preparation for winter. Anything loose, broken or rotted needs to be replaced.

Water Main Breaks
Should you notice bubbling or streaming water along the roadway or curb area please call the Cleveland Water Department CWD at 216-664-3060 to report the break. If you experience brown water, Run your cold water in the lowest level of your home until it runs clear. Do not run your hot water until the water is clear. Please understand the City is not allowed to repair CWD lines.

Street Light Outages
To report a street light outage, broken fixture or light flickering please call The Illuminating Company at 1-888-544-4877 or the Service Department at 216-525-6225.

Simple Recycling
Residents can recycle unwanted clothing, shoes and household items with free, curbside pickup on your regular recycling collection day. Simple Recycling collection bags are provided by calling 866-835-5068. You can also contact the Service Department at 216-525-6225 for additional bags and information.

Rubbish Pickup
Rubbish should be placed on the tree lawn by 7:00AM on the scheduled day of collection and shall not be placed earlier than 4:00PM on the day prior to the scheduled date of collection.

City Call List
Call the Service Department at 216-525-6225 if you would like to be added to the City information phone call list.

City of Seven Hills Residential Lock-Box Program
This is recommended for Senior Citizens & Disabled Residents.
This is a great resource for a resident who is living alone, with no one close by to help them in an emergency.
$35 each and installed by Seven Hills Fire Department. Contact Tony Terry at 216-525-6230 for more info!
Seven Hills Business Development

Seven Hills is conveniently located close to two major interstates (I-480 and I-77) that provide easy access to the 3 million people that reside within a 50 mile radius. Factors like these and other’s such as a great safety record make Seven Hills an exceptional location in which to reside and establish or expand one’s business.

I want to share with the community a three project initiatives that are underway from a business development standpoint. Each item holds great potential to enhance our City.

First I would like to announce that Fairmount Properties and LSB Seven Hills have come to terms to jointly develop a 50 acre parcel along Rockside Rd. Over the next several months, Fairmount, who will act as lead developer of the project, will continue to evaluate the property and collaborate with the City of Seven Hills to bring a first class and economically viable mixed use development to this property. Imagine the development concept of ‘work, live, relax’ in Seven Hills.

This new project is in the preliminary stages. As with any project of this magnitude, many bridges must still be crossed; however, I’m very excited to be working with Fairmount Properties. Two anticipated major differences between the previously submitted plans for this property are the addition of an office building and the removal of senior housing. The Fairmount Team, while headquartered in Cleveland, has developed projects around the country. Examples of their recent work locally are Pinecrest in Orange Village, First and Main in Hudson, Downtown Kent and the East Bank of the Flats.

Next I want to note that progress is underway on the 17 acre parcel that runs between the large parcel noted above and the Independence border. A temporary construction road has already been built to provide access to the parcel that will be developed by Omni Senior Living. Prior to granting approval to the final development plan, the City hired a real estate consultant to evaluate the proposal. It was determined that this was a good use for this uniquely shaped parcel and will provide over $6 million in new tax revenue to the City over the next 15 years. The vast majority of this new revenue will be dedicated for the sole purpose of future infrastructure improvements.

Lastly the City is being proactive in regards to potential future needs. Today, at the corner of Broadview and Orchardview, is a business district where the anchor tenant is K-Mart. At this time, K-Mart has not announced any plans to close and in fact are beginning seasonal hiring and we support them. However, attracting major retailers that will bring jobs, amenities and tax revenue is highly competitive. I’m pleased to announce the next steps in this approach; Woolpert, Inc. on behalf of Meijer Stores Limited Partnership presented to the Seven Hills planning commission a proposal for this site that includes a 159,264 square foot Meijer store that would replace the current KMART building and a 3,376 Meijer Convenience Store/Gas Station and the placement of Issue 90 on the ballot this election.

Meijer is a family owned company headquartered in Grand Rapids, Michigan founded in 1934. Meijer stores originated as a grocery store and grew into the first supercenter concept concept back in 1962. The Seven Hills proposal will include general merchandise, grocery and will license space inside the store for additional amenities potentially a coffee shop and a place to dine.

On October 10, 2018 the planning commission passed this proposal 5–0 with conditions. One of the conditions is the passage of Issue 90. Issue 90 will rezone this area from a General Retail Business District to a General Retail Business District with Accessory. Passage of this issue will allow a Meijer to build a convenience store and gas station on the property previously occupied by Arby’s. Further Issue 90 would only allow the accessory use in conjunction with the larger proposal (The issue subjugates the use to the larger development (think of Giant Eagle Get Go or the out parcel of a wholesale club)). In short, not any convenience store and gas station would be allowed. They would have to be built in conjunction with a major retail investment such as this overall proposal. See next page for proposed Meijer drawings.

It has been great working with Woolpert, Inc, the past several months and I’m excited to learn that Meijer understands value of the location as much as we do. On behalf of all of Seven Hills’ leadership, we welcome this potential investment in our City.

In summary, economic development has been one of the top priorities of my Council Presidency and with your support, we will see all three initiatives to conclusion and in doing so, significantly raise the amount of revenue available to the City for even better services and amenities without raising taxes!

Council President,
Anthony Biasiotta
Hello Seven Hills Residents:

Happy Fall which is a great time of year until it turns to Winter. Soon we will be replacing our rakes for snow shovels….UGH.

In Council news…..We have placed many issues on the November 6th ballot. As a Council we thought these issues were important enough to hear the voice of our residents. Many of these issues transpired while campaigning and some were raised by our Charter Review Committee who dedicated their time and efforts to help advance our City. Here is a brief recap below to help clarify any questions you may have:

**Term Limits Ballot Proposal**  Is for a term no longer than 4 consecutive, 2 years terms regardless of what position you are elected to as a Councilperson or Council at Large. After you term out, you must sit out a full two year term before you can run again. This was addressed by our Charter Review Committee this Spring with the intention of removing the revolving door whereas Council reps were jumping from seat to seat and their term limit time would start over.

**Moral Turpitude - Qualifications of Article III Council and Mayor Requirements.**  This came at the request of MANY residents while campaigning. This is the short version. What this ballot issues does is restrict a candidate, remove a current Councilperson and prevent a future Councilperson and Mayor from holding office when a crime was committed while they held office. If it is determined that you are found guilty and/or plead guilty to misconduct in public office in any jurisdiction during your current term OR within five years preceding your term, you are restricted from office. This is not only a safeguard for our residents but also a deterrent. It also takes the power away from Council to advocate for a fellow Council person should a violation occur.

**Re-Zoning.**  This is HUGE for our City. What this does is change the zoning classification at the K-Mart property from a General Retail Business District to a General Retail Business District with Accessory Use. Which means that if K-Mart ever moves out, we have more marketability for that property which will generate more interest in it. By passage of the re-zoning, it puts our City in the best position to succeed.

**Parks & Recreation Department.**  Article V, Section 9 of our Charter to be amended and retitled Recreation Department and that the Director of Parks & Recreation shall oversee the operation of the Parks and Recreation Department, all athletic federations and supervise all recreational activities in the City. By passing this ballot issue, it will remove some of the burden on our already-taxed Service Department so they can focus on other City needs.

**Taxable Income.**  Article XIII of the Charter to be amended to add a new Section 3 to prohibit an Ordinance or other measure being enacted that would levy income tax on income received from pensions, annuities, IRA’s, interest income, dividend income or anything similar unless approved by the majority of those voting in a general election.

**Law Director.**  This is to amend our Charter to authorize the Director of Law by resolution of City Council to make non-material changes to the charter outside of the amendment process for the purpose of correcting spelling, grammar and other syntax errors.

**In Community Services…**  As the Chairperson of Community Services I will be working with Tony Terry, our Community Services Director and Fire Chief Zaucha to get holiday lights back on the Fire Station. Additionally, Law Director Richard Pignatiello and I will be partnering together to sponsor a city wide Holiday Lighting Contest. This is still a work in progress so be sure to check the City website at: sevenhills-ohio.org for contest details.

As always, please reach out to me with any questions, concerns, comments or complaints. You will not be ignored as I respond to everyone. Thank you, God bless and enjoy the holiday season.

Stacey L. Kelly
Council President Pro Tem
216-642-3722
slk7hills@gmail.com

Council Quarterly Section
The Tax Man Cometh

By Bob Wrobel, Finance Committee Member & Ward 2 Councilman

Property taxes represent around 14% of the revenue the City takes in. However, “Our taxes are too high” is a complaint often heard, usually in reference to our property taxes. This usually is followed by: “What do our taxes go for?”

I’m going to attempt to answer that question - in a couple of different ways. But first let’s look at the property tax rates we face in Seven Hills. The figures are for 2017, payable in 2018.

Seven Hills Residential Tax Rates

Full tax rate = 114.18 mil (1 mil = $1 per $1,000)
Effective tax rate = 93.33 mil - the rate we actually pay due to HB920
Taxes as a % of market value = 2.90%

Where We Stand

Here’s how we compare with the 79 taxing districts in Cuyahoga County:
29 districts have higher effective rates, 45, lower, and 4 the same as Seven Hills
The highest = 126.91mil, 4.22% - Garfield Heights
The lowest = 60.21 mil, 1.87% - Brooklyn Heights and Cuyahoga Heights
Seven Hills = 93.33 mil, 2.90%

Who Gets What

Here’s a breakdown by % of where our total tax dollars go based on the effective rate:
Cuyahoga County = 13.91 mil = 14.9%
Parma Schools = 55.44 mil = 59.4%
County Library = 2.48 mil = 2.6%
Tri-C = 4.46 mil = 4.8%
Port Authority = 0.113 mil = 0.1%
Metroparks = 14.21 mil = 15.2%
Seven Hills City = 14.21 mil = 15.2%

Note that we pay the same amount to the Metroparks as we do to Seven Hills!

What Goes to Seven Hills - An Example

Based on the effective tax rate %:
$150,000 market value X 2.90% = $4350 in total taxes
Amount to Seven Hills = $4350 X 15.2% = $661
Amount to schools, county, etc. = $3689 (84.8%)

Where it Goes in Seven Hills

Based on the effective tax rates, the % of total money raised by each tax levy is:
General Fund = 3.40 mil = 23.9%
2000 Bond Fund ($6.5 million) = 1.65 mil = 11.6%
Service Dept. Equipment Fund = 0.48 mil = 3.4%
2011 Fire & EMS Fund = 1.65 mil = 11.6%
2103 Refuse Disposal Fund = 3.69 mil = 26.0%
2016 Fire & EMS Fund = 3.34 mil = 23.5%

Reductions to Our Tax Bills:

HB 920 - in simple terms, HB920 keeps tax revenue stable as market value increases or decreases. Currently it reduces our full tax rate by a factor of .183 (18.3%). However, our General Fund and 2000 Bond Fund millages are not subject to reduction under HB920.

Homestead Exemption - this gives those 65 and older or permanently disabled who meet certain income requirements a reduction to their tax bill.

Other Reductions - a Non-Business Credit and an Owner Occupied Credit may also be applied. Check your tax bill for these.

Inside and Outside Millage, Briefly

You may hear these terms in discussions about tax levies. The total millage we pay is the sum of inside millage and outside millage. Here are the differences:
Inside millage is levied by City Council ordinance but is subject to a 10 mil limitation (a topic for another time) and must be approved by the County Budget Commission.
Outside millage must be approved by a vote of the residents. Our current inside millage is 3.40 mil for the General Fund

In Conclusion (finally)

For more information about property taxes go to the following Cuyahoga County websites: www.myplace.cuyahogacounty.us to see your tax bill and information about your property www.fiscalofficer.cuyahogacounty.us for tax rates, Homestead Exemption, credits, HB920, and other pertinent information

While the preceding information may not make you feel any better about having to pay them, I hope you’ve gained a new perspective on the property taxes you pay.

Thanks for reading.
Fall...

A chill in the air, colorful leaves (that need to be collected), pumpkins and apples. By the time of this publishing, another successful Fall Fest will have already come and gone and the VFW Christmas Party will be on the horizon. Thank you Tony Terry. We should also have already completed our Ward 3 meeting where I would have talked extensively about specific issues in the Ward, such as Hemlock and Mapleviel.

The subject for this article was actually suggested by an older lady in the Ward who is a little taken aback by all the disruption occurring with the Hemlock project. I need to apologize a little bit because with all my years in heavy industry, I do not get taken aback when a bulldozer, front end loader, or dump truck comes rumbling down the narrow pathway next to my house. There will be serious disruption in the Ward. Tons of dirt need to be removed and gravel hauled and dumped in its place to keep the ground from settling excessively after completion. So dump trucks will be moving materials on streets that are not necessarily being excavated.

Work can be done 6 days a week from 7am until 6pm, Monday thru Saturday. There will be heavy equipment, pipes, and other excavation material stored on the easements and the right of ways. In short, there will be dirt, dust, noise, and mud in areas of the ward at different times throughout the construction cycle. The good news is that although it can be intense at times, it is not permanent, and the end game should be improved roads and the restoration of all disrupted land. Please be patient. The crews from Fabrizi Tucking & Pavement and Solar Testing have been very courteous and amenable to working out minor problems regarding landscaping and the construction schedule. Enjoy the crisp air and fall colors that are one of the hallmarks of this region.

Respectfully,
Tom Snitzky
Councilman City of Seven Hills
Ward 3
snitzky7hills@ymail.com

---

Seven Hills Historical Society

Our purpose is to preserve and promote the unique heritage of the City of Seven Hills. We hope to instill appreciation of past generations, as well as provide enjoyment, education, and inspiration for current and future generations. This will be accomplished through activities such as research, publications, acquisitions, and conservation of materials, advocacy of historic landmarks, and education opportunities.

**FACT: How was Seven Hills named? (1 of 3 historical versions):**
One June 12, 1926, a petition was filed with the Cuyahoga County Commissioners requesting that Seven Hills Village be created out of what remained of the extreme western part of the Original Independence Township. At a meeting of the County Commissioners on September 1, 1926, this request was granted. Due to the hilly terrain and the elevation of the land, the petitioners selected the name of Seven Hills Village... After the Seven Hills of Rome.

The City of Seven Hills was named after the following hills to be found in this area:
1. Pleasant Valley Road - just east of Broadview Road
2. Hillside Road - by City Hall
3. Chestnut Road
4. Crossview Road - south of Rockside
5. Kuenzer Hill - on Rockside Road
6. Weiser Hill - on Rockside Road now filled in
7. Darrow Hill - on Rockside Road now filled in

---

Join us for our Holiday Open House Wednesday, November 14th - Noon - 2pm
Seven Hills City Hall Historical Society Room ~ Refreshments will be served!

The Seven Hills Historical Society Room is open:
1st Wednesday of each month - 10am - 12pm and the 3rd Wednesday of each month - 12pm - 2pm
If you have questions or request an appointment, contact our President Judy O’Donnell at 440.340.4435 for info!
Our high-quality care has always been in Parma.

And now it’s ranked in the top 8% in the nation.

Receiving the nation’s highest quality rating.

A 5-star recognition for quality by the Centers for Medicare & Medicaid Services is just another way we’re advancing your care. UH Parma Medical Center has always provided great care right in your neighborhood. Now we can proudly say it’s also some of the highest quality care in the nation. The science of health. The art of compassion.

Experience exceptional care yourself. To schedule your appointment, call 440-459-0200 or visit UHhospitals.org/Parma.

University Hospitals Parma Medical Center
THE MISSION OF THE
SEVEN HILLS COMMUNITY RECREATION CENTER

The City of Seven Hills Community Recreation Center is dedicated to creating a healthy, fun and educational environment where safety is paramount. Our year-round programming is offered to all ages and skill levels, helping to create exactly what each member or participant needs to achieve his or her personal goals.

We strive to enhance physical, emotional and social development of our Community while providing a safe and healthy atmosphere. - Jennifer Burger, Recreation Director

Recreation Center Hours:
Sundays: 12pm - 6pm
Mondays- Fridays: 5:30am - 9pm
Saturdays: 8am - 8pm
*Pool Closes 15-minutes prior to rest of building.

Totally Toned Personal Training
TTPT has several packages available to accommodate your specific needs, and rates start as low as $25 per session!
Visit us on the web at www.totallytonedpersonaltraining.com, find us on Facebook, or call 216-548-5383 today to schedule your free 30-minute consultation and workout!

Contact Trainer Mike at 216-548-5383 TODAY!

• Cardio - How to use your heart rate to achieve your desired result.
• Nutrition - Which foods will help or hinder your progress and long-term results.
• Weight Training - Gain lean muscle mass helping to burn more calories-even at rest.
### Seven Hills Resident Membership Info - Annual / Upfront Payment

<table>
<thead>
<tr>
<th>Membership</th>
<th>Fee</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth</td>
<td>$105</td>
<td>A resident 12 years old or younger (<em>must</em> be purchased with Adult Membership).</td>
</tr>
<tr>
<td>Teen w Parent</td>
<td>$160</td>
<td>A resident between the age of 13 and 17 (must be purchased with an Adult).</td>
</tr>
<tr>
<td>Teen w/o Parent</td>
<td>$210</td>
<td>A resident between the ages of 13 and 17.</td>
</tr>
<tr>
<td>Adult</td>
<td>$210</td>
<td>A resident 18 to 61 years old.</td>
</tr>
<tr>
<td>Adult Couple</td>
<td>$345</td>
<td>2 Adults at the same address whose full time residence is in Seven Hills.</td>
</tr>
<tr>
<td>Family</td>
<td>$400</td>
<td>Immediate family household members, up to four people living in Seven Hills (max. 2 adults).</td>
</tr>
<tr>
<td>Adtl. Children</td>
<td>$40</td>
<td>Additional children may be added for $40 each per year.</td>
</tr>
<tr>
<td>Senior</td>
<td>$100</td>
<td>Resident 62 or over.</td>
</tr>
<tr>
<td>Disabled Resident</td>
<td>$100</td>
<td>Resident that is &quot;Totally Disabled&quot; determined case by case. Must provide State Disability Info.</td>
</tr>
<tr>
<td>Resident College</td>
<td>$100</td>
<td>Resident full time college student with permanent residence in Seven Hills.</td>
</tr>
</tbody>
</table>

### Parma Resident Membership Info - Annual / Upfront Payment for NEW Parma Members (No previous Membership)

<table>
<thead>
<tr>
<th>Membership</th>
<th>Fee</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth</td>
<td>$150</td>
<td>A Parma resident 12 years old or younger (<em>must</em> be purchased with Adult Membership).</td>
</tr>
<tr>
<td>Teen w Parent</td>
<td>$200</td>
<td>A Parma resident between the age of 13 and 17 (must be purchased with an Adult).</td>
</tr>
<tr>
<td>Teen w/o Parent</td>
<td>$275</td>
<td>A Parma resident between the ages of 13 and 17.</td>
</tr>
<tr>
<td>Adult</td>
<td>$275</td>
<td>A Parma resident 18 to 61 years old.</td>
</tr>
<tr>
<td>Parma Couple</td>
<td>$450</td>
<td>2 Adults at the same address whose full time residence is in Parma.</td>
</tr>
<tr>
<td>Family</td>
<td>$525</td>
<td>Immediate family household members, up to four people living in Parma (max. 2 adults).</td>
</tr>
<tr>
<td>Adtl. Children</td>
<td>$50</td>
<td>Additional children may be added for $50 each per year.</td>
</tr>
<tr>
<td>Senior</td>
<td>$150</td>
<td>Parma Resident 62 or over.</td>
</tr>
<tr>
<td>Disabled Resident</td>
<td>$150</td>
<td>Parma Resident that is &quot;Totally Disabled&quot;. Must provide State Disability Info.</td>
</tr>
<tr>
<td>Resident College</td>
<td>$150</td>
<td>Resident full time college student with permanent residence in Parma.</td>
</tr>
</tbody>
</table>

### Non-Resident Membership Info - Annual / Upfront Payment

<table>
<thead>
<tr>
<th>Membership</th>
<th>Fee</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual</td>
<td>$400</td>
<td>One Person living outside of Seven Hills or Parma</td>
</tr>
<tr>
<td>Non Resident Couple</td>
<td>$605</td>
<td>2 Adults outside of Seven Hills or Parma living at the same address</td>
</tr>
<tr>
<td>Family</td>
<td>$675</td>
<td>Immediate family household members, up to four people living outside of Seven Hills or Parma (max. 2 adults).</td>
</tr>
<tr>
<td>Adtl. Children</td>
<td>$105</td>
<td>Additional Children may be added for $105 each per year.</td>
</tr>
</tbody>
</table>

### United States Military Veteran Membership:

- **Resident**: $100
- **Non-Resident**: $150

(Proof of Honorary Discharge via DD-214 required)

The above listed memberships are purchased for one full year - one time upfront payment. All memberships are non-refundable and non-transferrable.
our
SENIOR CENTER

A convenient source for local services

FIND AN ADVERTISER NEAR YOU
SEARCH SUPPORTERS OF OUR CENTER to find trusted services in our area!

PLUS Sign up to have our newsletter emailed to you!

ourseniorcenter.com
MONTHLY SCHEDULES AVAILABLE ONLINE AND AT REC CENTER!

SENIOR CLASS DESCRIPTIONS:

CLASSIC  Designed to increase muscle strength, range of movement and improve activities for daily living. A chair is used for seated exercises and standing support and class can be modified depending on fitness levels.

CIRCUIT  The SilverSneakers Circuit workout offers standing, low-impact choreography alternated with standing upper-body strength work with hand-held weights, elastic tubing with handles and a SilverSneakers ball. A chair is available for support. This class is suitable for nearly every fitness level and can be adapted depending on the skill of individual participants.

CARDIOFIT  Try a safe and heart-healthy aerobics class to energize your active lifestyle using low-impact movements that focus specifically on building upper-body and core strength plus cardio endurance. This is a higher intensity class than Classic and Circuit.

YOGA  Get ready to move through a complete series of seated and standing yoga poses. Chair support is offered so you can perform a variety of seated and standing postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity. This class is suitable for nearly every fitness level.

SPLASH  A fun, shallow-water exercise class that uses a signature splash-board to increase movement and intensity options. Splash is suitable for all skill levels and is safe for non-swimmers. The pool provides many benefits when used for aerobic exercise and resistance training.

NEW!!

Lunch and Learn:  Join us for a light healthy lunch - made by Jo Ann Rencz - and an informative seminar.  Great Q & A session to follow.  $5 per person - includes a healthy, light lunch!

October 22nd 1pm - Early signs of Dementia
November 12th - 1pm - Nutrition for Healthy Aging - Register at the Rec!
Sponsored in part by Genesis Health - The Heights Center

Beginner Line Dancing with Jackie - NEW!
Bring a pair of dress shoes.  Come to exercise your heart, lungs and muscles! Help your long and short term memory! Make new friends!  Fridays in Gym 2 - 10am - 11am Line Dancing Offered October & November. January - Non Traditional Tai Chi Steps, February - Line Dancing!
Fee:  $2 per class  Fore more info, Call Jackie at 440-546-7531
INSANITY WITH LYNN
INSANITY live classes will bring the workout we have all seen on DVD to a live group setting. Using max interval training with explosive cardio and plyometric drills combined with your own power and strength. No weights needed, your own body weight will tone and sculpt your body. All levels welcome!
Instructor: Lynn Johnson
Days: Monday Evenings 7:30pm - 8:00pm
Fees: Member Punch Card: $27 or $6 Drop In
Non-Member Punch Card: $37 or $8 Drop In

ZUMBA - IS BACK!!
Perfect For Everybody and every body! Each Zumba® class is designed to bring people together to sweat it on. A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. 10/17 and 10/24- Try us for FREE!!
Instructor: Nela Serrano
Days: Wednesday Evenings 7:00pm - 8:00pm
Fees: Member Punch Card: $27 or $6 Drop In
Non-Member Punch Card: $37 or $8 Drop In

FIT HAPPENS WITH DEBBIE
Join us for a low impact, full body work out combining Pilates, Barre, and Yoga using your own body weight, exercise balls, and resistance bands. This work out targets all muscles groups to tone and strengthen your entire body, including your abdominals and mid-section. Modifications are taught to make this an effective class for beginners to advanced fitness levels. Enjoy an uplifting power hour! No one ever regrets working out!
Days: Tuesday Evenings: 6:30pm - 7:30pm with Debbie
Fees: 6-Class Punch Card: $42 12-Class Punch Card: $82 or Drop-In $10

JAZZERCISE
The ORIGINAL Dance Exercise Phenomenon! Each 60-minute class offers a blend of exercise with the fun of dance set to your favorite music - Top 40, Jazz, Country, Funk & Classic! Easy to follow, fun choreography includes a gentle warm-up, a 30-minute aerobic workout, muscle toning and strength segment with weight-band stretching. Pilates, yoga and kickboxing movements are Incorporated too. Sessions and Registrations are continuous (does not follow Rec Dates)!

Classes meet in Rec. Center Gathering Rooms!
Instructor: Lois Powers (loispowers@hotmail.com) or 330.468.6637
Days: Mondays & Wednesdays 6:30pm - 7:30pm
Fees: 1 Month: $37 (EFT) 2 Months: $82 (At the Door) Drop-In $12
ADULT PROGRAMS

Session Dates - Drop in to most programs at ANY TIME!
Fall 1: September 10th - October 27th (Registration Begins 8/25/18)
Fall 2: November 5th - December 22nd (Registration Begins 10/15/18)
Winter 1: January 6th - February 10th (Registration Begins 12/9/18)

PILATES SCULPT WITH TANYA
Standing and mat Pilates exercises using light hand weights to totally reshape your body from the inside out. All muscle groups will be lengthened and toned, improving core strength, back health and overall well being. Modifications are taught. Beginners and advanced. Tuesdays 9:30am - 10:30am

TRIM & TONE WITH TANYA
A unique, head to toe, feel good workout combining cardio moves with resistance training and core work led by an AFAA certified instructor. Every muscle group will be targeted and toned, even some you didn’t even know you have! Modifications are taught so every “body” can enjoy this fun and innovative class. Wednesdays & Fridays 9:30am - 10:30am

YOGA PILATES FUSION WITH TANYA
Increase your strength and flexibility with a combination of Yoga poses and Pilates exercises. Focusing on breath and movement, you will challenge your upper body, lower body and torso. All Levels Welcome! Thursdays 9:30am - 10:30am

ALL OF THE ABOVE CLASSES ARE ELIGIBLE FOR TANYA’S PUNCH CARD:
Member Card: $26 (6 Classes) or $6 Drop In Non-Member Card: $36 (6 Classes) or $8 Drop In
Tanya’s 12-Class Punch Card - Members: $50 Non-Members: $70

SENIOR-FIT (Tuesdays) and SENIOR YOGA (Thursdays) WITH TANYA
Join us for Senior Focused exercise class twice a week! Tuesdays focus on light weights to help build strength and bone density while Thursdays focus on Yoga, including flexibility, core strength and balance.
Days: Tuesdays & Thursdays - 11:00am - 11:30am in Gym 2.
Fees: Members: $2 Non-Members: $3 - Punch Cards Available!

BODY SCULPTING
A one-hour cardiovascular strength-training class designed to make you lean and defined providing a results-oriented whole body workout. Build and sculpt muscles, strengthen your core, improve your strength and flexibility while burning fat and calories by using just one set of 5 lb. dumbbells. You will gain strength, balance, flexibility and endurance while focusing on total body health.
Days: Thursdays 6:30PM - 7:30PM in the Aerobics Room - Register Today at www.flexcity.com
Session Dates - Drop in to most programs at ANY TIME!
Fall 1: September 10th - October 27th (Registration Begins 8/25/18)
Fall 2: November 5th - December 22nd (Registration Begins 10/15/18)
Winter 1: January 6th - February 10th (Registration Begins 12/9/18)

MORNING YOGA WITH JOANN
Wake up easy and get moving in this All Levels flow class that will guarantee that you are ready to face the day with a smile. Breath and movement merge to stretch the body and awaken the mind in a perfect mix of light workout and deep stretch. A good morning begins a great day!
Days: Mondays 9:30am - 10:30am in the Aerobics Studio
Fees: Member Card: $26 (6 Classes) or $6 Drop In  Non-Member Card: $36 (6 Classes) or $8 Drop In

SENIOR YOGA WITH JOANN
For Seniors or those who like to keep it basic. Senior Yoga is designed for Seniors looking for a basic and well-rounded yoga program. Students are immersed in the fundamentals of Yoga. You will be instructed and supported in learning the process of proper alignment in the poses, breathing techniques, practice to build confidence in your yoga postures, as well as introductory meditation and relaxation techniques. NOW FREE to SilverSneakers, Optum and Silver&Fit!
Days: Mondays - 8am - 9am in the Aerobics Studio
Fees: Members: $2  Non-Members: $3  - Punch Cards Available!

EVENING YOGA WITH SUSAN
This Yoga class is meditation in motion. Through movement, breathing and relaxation, use the mind/body connection to boost your energy, strength, flexibility and ability to manage stress. Punch card is for 6 classes.
Instructor: Susan Laurenzi, CYT 500 - Certified Yoga Teacher - 500 Hours
Days: Mondays 6:00pm - 7:00pm
Fees: Members: $40 per Punch Card  Non-Members: $45 Per Punch Card  Drop In: $10

INTERVAL FITNESS TRAINING CLASS WITH TONY TOTH
New to working out? Intimidated by machines and weights and muscle-bound people? Don't know where to start? Then this is the class for you!! NASM Certified Trainer Tony Toth will guide you through your start as you "Create Ur Nu Life". Join this BEGINNER'S class that will work both cardio and muscle toning. Don't delay, space IS limited! In the Aerobics Studio.
Instructor: Tony Toth
Days: Thursdays 5:15pm-6:15pm & Saturdays 8:30am – 9:30am
Fees: Member Punch Card: $27 or Drop In: $6 (Cards are good for 8 classes)
Non-Member Punch Card: $32 or Drop In: $8
KIDS DAYS OFF CAMPS ~

Need a safe, fun place to leave the kids on their random days off school? The Seven Hills Recreation Center Day Camp Staff offers individual camp dates to help! Bring the kids as early as 6:30am and leave them until 6pm - no extra charges! The day is filled with activities, crafts, swimming and more fun! Please pack a brown bag lunch, a snack and your swim gear!

Choose from the following dates:

11/6 • 1/21 • 2/18 • 3/15 • 5/7

Members: $35 each day  Non-Members: $40 each day

216.524.6262 ext .401 jburger@sevenhillsohio.org for more details!

SEVEN HILLS BEFORE AND AFTER SCHOOL PROGRAM - 2018- 2019

Our energetic staff is geared up to provide your child with an active, fun and productive alternative to their before or after school hours. These activities will include the following: swimming, arts & crafts, board/card games, various sports and games in the gymnasium, snack time, dedicated time for homework and much more.

Open to students in grades K – 7th, so sign up early to avoid being shut out!

Parma Bussing provided for children attending Green Valley, Hillside, Detzler and Normandy!

Weekly Registration begins August 5th! Program calendar follows the Parma City Schools schedule.

*PARTICIPANTS MUST REGISTER AND PAY BY THURSDAY OF THE PREVIOUS WEEK TO AVOID BEING CLOSED OUT!  Rosters are sent on Friday Mornings for busing!

Contact Jen Burger at 216.524.6262 ext. 401 -OR- jburger@sevenhillsohio.org for more details!

<table>
<thead>
<tr>
<th>Part-Time (up to 3 days per week):</th>
<th>Full Time (at least 4 days per week):</th>
</tr>
</thead>
<tbody>
<tr>
<td>Before School – Member: $18</td>
<td>Before School – Member: $27</td>
</tr>
<tr>
<td>After School – Member: $26</td>
<td>After School – Member: $40</td>
</tr>
<tr>
<td></td>
<td>(after school cost covers daily snack tool)</td>
</tr>
</tbody>
</table>
Youth Basketball League
Price: $75.00    Day and Time: Saturday Mornings
Ages 3-4  -  9-9:45am
Ages 5-6  -  Week 1: 11am-12pm; Game schedules will be passed out.
    Weeks 2-6: will have game times between 10am-12pm
Ages 7-8  -  Week 1: 12pm-1pm; Game schedules will be passed out.
    Weeks 2-6: will have game times between 12pm-2pm
Winter 1 Session: January 12th - February 16th
Winter 2 Session: March 2nd - April 6th

Brief Description: Through specialized skill drills and games, your young athlete will
have a great time learning the fundamentals while becoming game ready. Week one
will be a skill introduction and review followed by five weeks of games.

Basketball Skills Classes
Price: $50.00    Day and Time: Tuesday or Thursday Evenings
Ages 3-4 Tuesdays 5:30pm-6pm    Ages 5-8 Tuesdays 6:15pm-7pm
Ages 9-11 Thursdays 6:15pm-7:00pm
Winter 1: Tuesdays: 1/8 - 2/12 / Thursdays: 1/10 - 2/14
Winter 2: Tuesdays: 2/26 - 4/2 / Thursdays: 2/28 - 4/4

Brief Description: Whether you are looking to learn the fundamentals or gain
more experience and knowledge on the court, our skills class is for you!
Through skill drills and games see improvement in all areas of basketball.

Registration For Winter 1 Begins December 2nd!
Registration for Winter 2 Begins February 1st!

Sports of All Sorts
Price: $50.00
Day and Time: Thurs. Evenings
Ages 3-4, 5:30pm-6:00pm
Winter 1 Session:
    January 10th - February 14th
Winter 2 Session:
    February 28th - April 4th

Sports of All Sorts introduces sports exercise and coordination
to young athletes in an exciting
environment while promoting
social development in a class set-
ing. With a new sport every
class, each athlete will have the
opportunity to experience what
each of the major sports have to
offer through fun skill drills and
games.

Dodgeball
Price: $30.00
Day and Time: Weds. Evenings
Ages 7 - 13: 6pm - 7pm
Winter 1 Session:
    January 9th - February 13th
Winter 2 Session:
    February 27th - April 3rd

After a brief rule review we dive
directly into game play in a fast
paced, ball-flying,
dippin n' dodgin exciting time.

Questions about these programs and more?
Contact Coach Phil at
RookieAthleics@gmail.com or 216.502.0805
Holiday-Making Ornament Party
Join us for an ornament making party! We will set up 4 stations, each with a different ornament project. These ornaments will make great keepsakes or holiday gifts! Come and create ornaments right along with your child. Children must be accompanied by a caregiver.
Snacks provided. Ages 4-12.
Contact Matthew at mmccallum@sevenhillsohio.org for more information.
Date: Sunday, December 9th  
Location: Seven Hills Rec Center  
Time: 12:30-1:30 PM  
Fee: $15 for members; $18 for non-members; $5 additional child  
Deadline: Thursday, November 29th

Holiday-Making Ornament Party Cookies & Canvas (Holiday Edition)
Join us this December as you and your child create an 8 X 10 holiday masterpiece, with Resident Artist Jo Ann Rencz! This is the perfect holiday keepsake or even a gift for your loved ones. No experience is necessary.
All painting supplies and snacks will be provided. Ages 5-12 years-old with parent.
Contact Matthew at mmccallum@sevenhillsohio.org for more information.
Date: Tuesday, December 4th  
Location: Seven Hills Rec Center  
Time: 6:30-8 PM  
Fee: $25 per couple (member); $30 per couple (non-member);  
$5 for additional child  
Deadline: Wednesday, November 28th.
SEVEN HILLS SPRING SOCCER FEDERATION
Registration for the Spring 2019 Seven Hills Youth Soccer Program will be going on February 15th - March 15th (or until the team is full) for ages 7 - 15 years old. Registration Covers Spring 2019. If you registered in Fall 2018, your payment covered both Fall and Spring! Contact Rachel at rsheha@sevenhillsohio.org with questions!

Spring Soccer begins April 6th, 2019

For additional league information, please visit the Suburban Recreational Soccer League’s website at www.srslonline.org.

NEW AGE GROUPS! PLEASE VISIT WEBSITE FOR INFO!

PARENTS - we are always looking for volunteers to help with coaching and other activities involving the soccer program. Please designate your interest on your child’s registration form!

Fees: RESIDENTS: $40  NON-RESIDENTS: $50
$10 Late Fee will apply for those that register after March 15th.

NEW - 2-DAY SOCCER SKILLS CLINIC
In this 2-day clinic, young soccer players will learn the fundamentals of soccer including dribbling and shooting. They will also get experience with defensive tactics and the skills necessary to strengthen their abilities on the field. Registration Closes November 10th!

Fee: $50
Who: Ages 5 - 11 years
When: November 17th & 18th  9am - Noon each day
Where: Soccer Field B / City Hall Pavilion
Coach: Jackie Corrigan,
Notre Dame College Graduate - 2nd Team All Conference / Nationally Ranked!

Adult Men’s Hoops Winter 2019 Basketball Info
Contact Ursula Drinko at udrinko@sevenhillsohio.org for more information regarding our upcoming leagues!
### Private / Adaptive Swimming Lessons
- $30 per half hour (Prices may vary per instructor)
- One-on-One or Semi-Private
- Learn-To-Swim or improving stroke technique
- Contact the Aquatics Supervisor to schedule lessons

### Seahawks Swim Team
Registration Opens 11/7
- Requirements: Be able to swim one length free or back
- Monday / Wednesday Session Runs 1/7 - 2/27
- Members: $50 / Non-Members: $60
- Practice Times: 10 @Under 5-6pm / 11 & Up 6-7pm
- Saturday Only Session Runs 1/12 - 3/2
- Members: $45 / Non-Members: $55
- Practice Times: 10am - 11am

### Seahawks Beginner Swim Team
Registration Opens 11/7
- Requirements: New Swimmers Only
- Saturday Only Session Runs 1/12 - 3/2
- Members: $45 / Non-Members: $55
- Practice Times: 10am - 11am

### Adult/Masters Swim Group
- This group is for adults 18+ USMS masters swimmers who like to compete or swimmers who would like to swim a workout for social reasons / get fit.
- Practice Days / Times: M/W 7-8pm / Sat. 11am - 12pm

<table>
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<tr>
<th>Adult Swim Group Fees</th>
<th>Drop In</th>
<th>Monthly</th>
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</thead>
<tbody>
<tr>
<td>Member</td>
<td>$6</td>
<td>$40</td>
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<tr>
<td>Non-Member</td>
<td>$8</td>
<td>$56</td>
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### Group Learn-to-Swim Sessions

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>Mondays and Wednesdays PM</td>
</tr>
<tr>
<td><strong>Session #</strong></td>
</tr>
<tr>
<td>Fall #2</td>
</tr>
<tr>
<td>Fall #3</td>
</tr>
<tr>
<td>Winter #2</td>
</tr>
</tbody>
</table>

#### Saturdays Only AM
- 1/12-3/2 (Registration Runs 11/10-1/9)

<table>
<thead>
<tr>
<th>Level</th>
<th>M/W PM</th>
<th>Sat AM</th>
</tr>
</thead>
<tbody>
<tr>
<td>Starfish</td>
<td>XXXX</td>
<td>10:00-10:30, 10:45-11:15, 11:30-12:00</td>
</tr>
<tr>
<td>Tadpole (Preschool 1)</td>
<td>5:00-5:30, 5:45-6:15, 6:30-7:00</td>
<td>10:00-10:30, 11:30-12:00</td>
</tr>
<tr>
<td>Frog (Preschool 2)</td>
<td>5:45-6:15, 6:30-7:00</td>
<td>10:00-10:30, 10:45-11:15, 11:30-12:00</td>
</tr>
<tr>
<td>Stingray (Preschool 3)</td>
<td>5:00-5:30</td>
<td>11:00-11:30</td>
</tr>
<tr>
<td>Turtle (Level 1)</td>
<td>5:00-5:30, 5:45-6:15, 6:30-7:00</td>
<td>10:00-10:30, 10:45-11:15, 11:30-12:00</td>
</tr>
<tr>
<td>Penguin (Level 2)</td>
<td>5:00-5:45, 6:15-7:00</td>
<td>10:00-10:45, 11:15-12:00</td>
</tr>
<tr>
<td>Sea Otter (Level 3)</td>
<td>5:00-5:45, 5:45-6:30</td>
<td>10:00-10:45, 11:15-12:00</td>
</tr>
<tr>
<td>Dolphin (Levels 4-6)</td>
<td>5:45-6:30</td>
<td>10:45-11:30</td>
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</tbody>
</table>

### Pool Party Rentals
- To reserve the pool or for more info, Contact Spencer at SAbbott@sevenhillsohio.org.
Seven Hills Recreation Center Aquatic Program Descriptions

- **Private Swimming Lessons**: 3 years old and up. Private lessons can be in the form of one-on-one or semi-private lessons (two or three swimmers with the same ability levels). These lessons must be scheduled with the Aquatics Supervisor.

- **Starfish**: 6 months to 3 years old. The STARFISH level builds readiness by emphasizing fun in the water. Parents and children will participate in several guided sessions which help children adjust to the water and learn basic water skills. Most importantly, it’s fun for parents and kids!

- **Tadpole (Pre-School #1)**: 3 to 5 years old. Group TADPOLE is for children who are being introduced to the swimming pool for the first few times. The main focus of this level is to become comfortable in the swimming pool. In order for your swimmer to progress to the next level, these tasks must be completed: Independently enters and exits the water; Kicks feet at the wall; Blows bubbles; Holds breath when face is underwater; Submerges underwater with assistance; Swims away from wall with assistance; Demonstrates comfort in pool setting; Understands Pool Safety Rules.

- **Frog (Preschool #2)**: 3 to 5 years old. Group FROG is for the beginner swimmer who is familiar with the water. Swimmers will learn the fundamentals of swimming as well as pool safety. At the completion of level FROG, the swimmer will be able to complete the following: Front float with little or no assistance; Back float with little or no assistance; Paddles on front and back with assistance; Kicks on front and back with assistance; Holds breath underwater for 3 seconds; Submerges unassisted; 5 yards assisted streamline from wall on front and back; Log rolls assisted; Independent bobs.

- **Turtle (Level #1)**: 5 years old and up. Group TURTLE is for the swimmer who has completed group FROG or can float unassisted and swim rudimentary freestyle. At the completion of level TURTLE, your swimmer will be able to complete the following: Front and back float unassisted; Freestyle and backstroke 5 yards assisted; Streamline kick on front and back unassisted 5 yards; Log rolls unassisted; Assisted rotary breathing; Assisted side-kick; 10 Independent bobs.

- **Penguin (Level #2)**: 5 years old and up. Group PENGUIN is for the swimmer who has completed group TURTLE. In Group PENGUIN, swimmers will learn to swim freestyle with rotary breathing, backstroke, and will be introduced to dolphin and breaststroke kicks. In order to advance to the next level, the following must be completed: 10-15 yards Unassisted freestyle with rotary breathing; 10-15 yards Backstroke unassisted; 10-15 yards Streamline kick on front and back; Dolphin kicks assisted; Jumps in and swims to the wall unassisted; 15 Independent bobs.

- **Sea Otter (Level #3)**: 5 years old and up. Group SEA OTTER is for swimmers ready to advance their swimming skills. In Group SEA OTTER, swimmers will enhance freestyle and backstroke, and continue to learn butterfly and breaststroke. In order to advance to the Dolphins pre-team group, the following must be completed: 25 yards Freestyle and backstroke; 25 yards Streamline kick front and back; 10 yards Unassisted streamline butterfly kick; Butterfly arms; 5 yards Unassisted breaststroke kick; 5 yards Butterfly.

- **Dolphin (Level #4 - 6)**: 5 years old and up. The DOLPHIN group is a pre-team swim group consisting of swimmers who have completed Sea Otter swim lessons. This pre-team group is for swimmers looking to strengthen their swimming skills and learn the fundamentals of swim team. Swimmers entering the pre-team group must be able to complete the following: 25 yards Freestyle with rotary breathing; 25 yards Backstroke; 5 yards Butterfly; Breaststroke kick.

- **Seahawks Beginner Swim Team**: 10 years old and under. This program is designed for swimmers who are not ready for swim team yet, but may be interested in joining in the future. Swimmers entering this group must pass the Dolphin group (Level #4-6) or equivalent.

- **Seahawks Recreation Swim Team**: 5 years old and up. This program is designed for swimmers who are interested in competing at the Recreation League level. Swimmers entering this group must be able to complete the following: 25 yards Freestyle and backstroke non-stop.

- **Adult/Masters Swim Group**: 18 years and up. This Adult/USMS masters swim group is for adults who like to compete, swimmers looking for a good workout, triathletes, and those who enjoy the social side of swimming.

- **American Red Cross Lifeguard Training and Water Safety Instructor Courses**: Go to fastlaneswimming.net for more information and details.

**Dates and times for all activities are subject to change. Some activities may be combined due to low enrollment. In the event the pool has to close for any reason, a water safety discussion will be scheduled for that day as this subject is included in our aquatic program curriculum. No refunds will be given if you register for any activity and/or if your child does not participate or in the event of inclement weather.**
CARDIO & TONING WITH LEIGH:
Change-up your workouts at the Pool! This class is a combination of cardio intervals along with strengthening and toning moves. Great for beginners or those with experience - a fun time for everyone! Taught by certified instructors around the 4-foot depth.
Tuesdays & Thursdays:  6:00pm - 7:00pm Forever and Ever, Per Leigh

LOW IMPACT WATER AEROBICS:
Get a great work-out without the pain! Water Aerobics offers great results while you enjoy the water. Low-Impact. High Intensity! All classes taught by certified instructors - class meets around the 4-foot depth.
Fall Session: Mondays, Wednesdays & Fridays: 9:00am - 9:45am  (Beginning September 10th)

ARTHITIS FOUNDATION AQUATIC PROGRAM:
This program is specifically geared towards adults with Arthritis. Participants are provided with gentle aquatic activities with the guidance of a certified Arthritis Foundation Instructor. All exercises are low-impact and done around the 4-foot depth.  NOW a SILVER & FIT PROGRAM - FREE to SILVER & FIT!
Fall Session: Mondays, Wednesdays & Fridays: 10am - 10:45am  (Beginning September 10th)

AQUA BARRE
Aqua Barre is a fitness class that combines all the components of cardio, strength, and flexibility found in a ballet barre class with the benefits and fun of aquatic strength and conditioning. Ballet barre combines principles of Ballet, Yoga, and Pilates, and general calisthenics with a strong emphasis on posture, core strength, and proper technique. Instead of the classic barre and light dumbbells, gravity and buoyancy are both used to provide resistance and toning for the lower body, core, and upper body. No dance experience is necessary, and modifications can be provided to appeal to both beginners and experienced aquatic enthusiasts!
Mondays:  7:45pm - 8:45pm with Katie

All Water Aerobics Classes are offered through our Punch Card System
Punch Cards are good for any 12 water classes.  (Cards Expire after 8 Months)

Members: $38  Non-Members: $50  Drop IN: $8

SELL YOUR UNWANTED GOLD, SILVER, PLATINUM & DIAMONDS!

Back by popular demand!  Gold & Silver Events will be hosting an event at the Rec Center on Wednesday, November 14th from 10 am-1 pm.

Bring your items to get a price on jewelry, diamonds or flatware that you no longer want...

Jewelry: earrings, chains, watches, rings, bracelets, necklaces, broken items
Gold: coins, nuggets, ingots, dental gold, jewelry
Sterling Silver: coffee and tea service, flatware, candlesticks, jewelry, silver coins 1964 and earlier. Diamonds: any size!
Gathering Rooms are available for Members & Non-Members

All Rental Rates are Per Hour

<table>
<thead>
<tr>
<th>Room / Rental</th>
<th>Member Rate</th>
<th>Non-Member Rate</th>
</tr>
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<tbody>
<tr>
<td>Gathering Rooms</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 Room</td>
<td>$40</td>
<td>$65</td>
</tr>
<tr>
<td>2 Room</td>
<td>$70</td>
<td>$100</td>
</tr>
<tr>
<td>3 Room</td>
<td>$100</td>
<td>$130</td>
</tr>
<tr>
<td>Patio</td>
<td>$15 Flat Fee</td>
<td>$35 Flat Fee</td>
</tr>
<tr>
<td>Kitchen</td>
<td>$20 Flat Fee</td>
<td>$35 Flat Fee</td>
</tr>
<tr>
<td>Pool (After Hours)</td>
<td>Call for Pricing!</td>
<td></td>
</tr>
<tr>
<td>Pool Party</td>
<td>$65</td>
<td>$95</td>
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<tr>
<td>(Includes Rental of Pool &amp; 1 Room)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gymnasium</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 Court</td>
<td>$60</td>
<td>$80</td>
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<tr>
<td>2 Courts</td>
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<td>$140</td>
</tr>
<tr>
<td>Aerobic Studio</td>
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<td>$60</td>
</tr>
</tbody>
</table>

Reservations are not considered final or confirmed until full payment is received and all forms and contracts are completed in full. By signing the contract, the applicant acknowledges that the Renter is responsible for adhering to all rules and regulations.

Credit Card number is required for deposit.

Reservations are not accepted more than 180 days in advance of the event (excluding entire facility rentals) and no less than 14 days before the event, depending on availability. Credit card information serves as security deposit and is due on the date that the application is submitted. Payment is due 30 days prior to rental. Failure to receive payment 30 days prior to event may result in loss of room or charges applied to the credit card provided.

Contact Spencer Abbott at 216.524.6262 ext. 400 for all rentals!

A special thank you to Seven Hills resident and United States Navy Veteran Joe Burdick for the amazing flags that he created for the City of Seven Hills! Joe has donated flags to NYFD, several retired service men and women across the country, as well as active first responders – and now the City of Seven Hills!

Burdick Custom Flags also creates unique sports décor, Police and Fire Thin Blue Line and Thin Red Line products, as well as several pieces of United States Flag artwork.

Come check out Joe’s work in the newly updated Seven Hills Recreation Center Gathering Rooms or on Facebook @burdickcustomflags today!
Seven Hills Health & Rehab is located in a close-knit, residential town with easy access to Route 176 and I-480 making visits from family and friends an easy and enjoyable trip.

Act now!
Limited Time Offer!
Medicaid Private Suites Available
No Additional Charge

For additional information or to schedule a tour, please call
(216) 310-3589

Seven Hills
Health & Rehab Center
819 Rockside Rd.
Seven Hills, OH 44131
(216) 658-3900

saberhealth.com
Delayed Trash Pick Up Schedule:

Nov. 22nd - Thanksgiving – Delayed 1 Day
Dec. 25th - Christmas – Delayed 1 Day
  New Year’s Day - Delayed 1 Day

Recreation Center Holiday Hours
Thursday, November 22nd - Closed
Mondays December 24th & 31st - 8am - 12:00pm
Tuesdays December 25th & January 1st - Closed

City Hall Holiday Hours:

Thursday, November 22nd
Friday, November 23rd
Tuesday, December 25th
Tuesday, January 1st
Monday, January 21st
Monday, February 18th